# REVEALING?

Al-enhanced early diagnosis and referral of patients with unknown ATTR Amyloidosis

#### LAURA OBICI

Amiloidosi ereditaria da transtiretina: inquadramento generale e dimensione del problema



**REVEALING?** 

#### wt ATTR amyloidosis

- Non-hereditary, progressive disease
- Age-related, male prevalence
- Predominantly manifests as cardiomyopathy



#### hereditary ATTR amyloidosis

- Inherited, rapidly progressive disease caused by *TTR* gene mutation
- Multisystem disease that manifests with a combination of polyneuropathy, cardiomyopathy, GI, renal, and ocular dysfunction





#### Transthyretin amyloidosis (ATTR): an emerging disease

#### ≈ 1600 patients followed-up in Pavia







International Journal of Cardiology 335 (2021) 123-127



Changes in the perceived epidemiology of amyloidosis: 20 year-experience from a Tertiary Referral Centre in Tuscany



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2000-2019 (n=654)

274 wtATTR 68 vATTR 281 AL 31 AA Distribution of amyloidosis diagnosis per year at Tuscan Amyloid Referral Centre 2000-2019



Fig. 1. Diagnoses of Amyloidosis over a 20-year period at Careggi University Hospital, tertiary referral centre for amyloidosis. Figure shows number of diagnosis of different subtypes of amyloidosis per year, from 2000 to 2019. Dashed lines show diagnosis moving average trend lines for each amyloidosis subtypes. Wild type transthyretin-associated amloidosis (wtATTR) and light chain amyloidosis (AL) number of diagnosis increased significantly during study period (*p* for trend < 0.0001). Abbreviations: AA serum amyloidosis, AL light chain amyloidosis, vATTR genetic variant transthyretin-associated amloidosis, wtATTR wild type transthyretin-associated amloidosis.



# Al-enhanced early diagnosis and referral of patients with unknown ATTR Amyloidosis

#### International Journal of Cardiology 382 (2023) 87-90



Short communication

Contents lists available at ScienceDirect International Journal of Cardiology

journal homepage: www.elsevier.com/locate/ijcard

F. Cappelli et al.

CARDIOLOG

Prevalence of transthyretin-related amyloidosis in Tuscany: Data from the regional population-based registry

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#### ANNUAL INCIDENCE OF TRANSTHYRETIN-RELATED AMYLOIDOSIS IN TUSCANY



**PREVALENCE OF TRANSTHYRETIN-RELATED AMYLOIDOSIS IN TUSCANY Borgo San Lorenzo** 232 62 VATTR) (32 vATTR) Pisa Firenze 25 Arezzo 25 Siena

Fig. 1. Geographical distribution in Tuscany region of the centres involved in the management of patients with transthyretin-related amyloidosis and related numbers of alive patients regularly followed. Numbers in brackets indicate the subset of patients with the hereditary form.

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Fig. 2. Annual incidence of transthyretin-related amyloidosis in Tuscany region, for the period from 2018 to 2022.

#### Heart involvement is the major determinant of survival



Mayo Clinic / European staging system for AL amyloidosis

Staging is based on NT-proBNP (cutoff 332 ng/L) and troponin I (cutoff 0.1 ng/mL) with stage I, II, and III patients having 0, 1, or 2 markers above the cutoffs.

Very high (>8500 ng/L) NT-proBNP identifies patients with advanced cardiac dysfunction (Stage IIIb)

#### European staging system for ATTR amyloidosus



Staging is based on NT-proBNP (cutoff 3000 ng/L) and eGFR (cutoff 45 mL/min) with stage I, II, and III patients having 0, 1, or 2 markers above the cutoffs

# Diagnostic pathways to wild-type transthyretin amyloid cardiomyopathy







ESC European Journal of Heart Failure (2022) 24, 1377–1386 er Cardiology doi:10.1002/ejhf.2504

RESEARCH ARTICLE

Unmasking the prevalence of amyloid cardiomyopathy in the real world: results from Phase 2 of the AC-TIVE study, an Italian nationwide survey





Figure 2 Amyloid cardiomyopathy (AC) prevalence, either transthyretin-related AC (ATTR) or light chain-related AC (AL), according to age (upper panel expressed in percentage, lower panel expressed in absolute number) in the study population.

#### Heart failure rapidly develops in ATTR-CM patients

• In a multicenter, retrospective study, **one-third of ATTR-CM patients** asymptomatic at diagnosis developed heart failure over a median follow-up period of 3.7 years and nearly 20% of patients required PM implantation.



#### **Staging of cardiac ATTRwt amyloidosis**

	Pavia cohort (unpublished) <sup>3</sup>	Pavia cohort Pre-2018 <sup>3</sup>	Pavia cohort Post-2018 <sup>3</sup>	Ρ
Ν.	691	354 (51)	337 (49)	-
Mayo staging <sup>1</sup>				<0.001
1	215 (32)	87 (25)	128 (39)	
II	226 (34)	112 (32)	114 (35)	
III	225 (34)	146 (42)	79 (24)	



Figure 4. Number of patients diagnosed with transthyretin cardiac amyloidosis between 2002 and 2021, and the proportion of patients with each NAC disease stage for each 5-year period.

NAC indicates National Amyloidosis Centre.

60-month survival for all wtATTR-CA patients according to time period



#### Screening for cardiac ATTR amyloidosis in several musculoskeletal conditions



Any Shoulder Pathology Rotator Cuff Tear Other Shoulder Pathologies Shoulder Arthroplasty

## Clinical Presentation and Red Flags for ATTR Amyloidosis



## Non-invasive diagnosis of ATTR amyloidosis

![](_page_12_Figure_1.jpeg)

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Heart failure, syncope, or bradyarrhythmia, with echocardiogram and/or cardiac magnetic resonance imaging (CMR) suggesting/indicating cardiac amyloid

![](_page_12_Figure_3.jpeg)

Rapezzi C, et al. JACC Cardiovasc Imaging 2011;4(6):659-70; Gillmore JD, et al. Circulation 2016;133(24):2404-12.

## Prevalence of variant genotype in patients with suspected cardiac ATTR amyloidosis

- 481 patients referred for suspected ATTR-CM wild-type amyloidosis (92% males)
- Mean age 76 years (range 50–93)

![](_page_13_Figure_3.jpeg)

Patient' characteristics at presentation	<b>All cohort</b> (n=481)	<b>ATTRwt</b> (n=439)	<b>ATTRv</b> (n=41)
Age at diagnosis, years	76 (±7.7)	76.4 (±7.5)	74.1 (±8)
Male, n	441 (92%)	407 (93%)*	34 (83%)*
NYHA class (I/II/III)	21%, 63%, 16%	20%, 63%, 17%	23%, 67%, 10%
Gillmore stage (I/II/III)	40%, 46%, 14%	39%, 48%, 13%	52%, 32%, 16%
IVS (mm)	17.6 (±2.6)	17.6 (±2.7)	17.3 (±2.5)
EF (%)	50 (±10)	51 (±10)	52 (±8)

![](_page_13_Figure_5.jpeg)

Prevalence of ATTRv among men aged <80 years

![](_page_13_Figure_7.jpeg)

#### ATTRv amyloidosis Italian Registry: clinical and epidemiological data

168L

47

18.1

2.6/1

72.4

56-82

47-79

67.9

45

95.7

P+

 $4.5 \pm 2.4$ 

C+++

Dys +

Massimo Russo<sup>a</sup>\*, Laura Obici<sup>b</sup>\*, Ilaria Bartolomei<sup>c</sup>, Francesco Cappelli<sup>d</sup>, Marco Luigetti<sup>e</sup> , Silvia Fenu<sup>f</sup>, Tiziana Cavallaro<sup>g</sup>, Maria Grazia Chiappini<sup>h</sup>, Chiara Gemelli<sup>i</sup>, Luca Guglielmo Pradotto<sup>j,k</sup>, Fiore Manganelli<sup>l</sup>, Luca Leonardi<sup>m</sup>, Filomena My<sup>n</sup>, Simone Sampaolo<sup>o</sup>, Chiara Briani<sup>p</sup>, Luca Gentile<sup>a</sup>, Claudia Stancanelli<sup>a</sup>, Eleonora Di Buduo<sup>b</sup>, Paolo Pacciolla<sup>b</sup>, Fabrizio Salvi<sup>c</sup>, Silvia Casagrande<sup>d</sup>, Giulia Bisogni<sup>q</sup>, Daniela Calabrese<sup>f</sup>, Fiammetta Vanoli<sup>m</sup>, Giuseppe Di Iorio<sup>o</sup>, Giovanni Antonini<sup>m</sup>, Lucio Santoro<sup>l</sup> , Alessandro Mauro<sup>j,k</sup>, Marina Grandis<sup>i</sup>, Marco Di Girolamo<sup>h</sup>, Gian Maria Fabrizi<sup>g</sup>, Davide Pareyson<sup>f</sup>, Mario Sabatelli<sup>e</sup>, Federico Perfetto<sup>d</sup>, Claudio Rapezzi<sup>r,s</sup>, Giampaolo Merlini<sup>b</sup>, Anna Mazzeo<sup>a</sup> and Giuseppe Vita<sup>a</sup>

F64L

58

22.3

3.8/1

70.2

63.7

56

96.6

 $6.5 \pm 4.4$ 

P+++

Dys +

**C**+

44-86

42-80

#### 31 different mutations

60

23.1

3/1

66.2

58.9

48

80

P+++

Dys +

**C**+

44-87

31-81

 $7.2 \pm 5.2$ 

V30M

![](_page_14_Figure_3.jpeg)

Table 1. Clinical characteristics.

Number of symptomatic patients

Mean age at the onset (years)

Age range at the onset (years)

Number of late onset ( $\geq$ 50 years)

Disease duration (mean  $\pm$  SD; years)

Phenotype at prevalence day

Male/female ratio

Mean age (years)

Age range (yrs)

%

%

# Genotype is the major phenotypic driver in ATTRv

- Some variants are associated with an exclusive cardiologic phenotype indistinguishable from wild-type ATTR
- A mixed neurologic and cardiologic phenotype predominates in non-endemic areas.
- Natural history data indicate rapid disease progression and worse prognosis in patients with mixed phenotype

![](_page_15_Figure_4.jpeg)

# ATTR Val30Met: one mutation, two distinct diseases

![](_page_16_Figure_1.jpeg)

-

-

# Early-onset Val30Met TTR amyloidosis

![](_page_17_Picture_1.jpeg)

#### A PECULIAR FORM OF PERIPHERAL NEUROPATHY Familiar Atypical Generalized Amyloidosis with Special Involvement of the Peripheral Nerves

BY CORINO ANDRADE (From the Neurological Department of the Sto. António Hospital, Oporto, Portugal)

![](_page_17_Picture_4.jpeg)

#### Mean age at onset 33,5 years

High penetrance Genetic anticipation possible

![](_page_17_Figure_7.jpeg)

![](_page_17_Picture_8.jpeg)

![](_page_17_Picture_9.jpeg)

![](_page_17_Picture_10.jpeg)

![](_page_17_Picture_11.jpeg)

# Late-onset Val30Met ATTRv

Male

![](_page_18_Figure_1.jpeg)

#### Echocardiography: wall thickness-GLS

![](_page_18_Picture_3.jpeg)

![](_page_18_Picture_4.jpeg)

#### Bone scintigraphy

Bisphosphonates

![](_page_18_Figure_7.jpeg)

Rapezzi et al JACC Imaging 2011

#### Distinct characteristics of amyloid deposits in early- and late-onset transthyretin Val30Met familial amyloid polyneuropathy

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![](_page_19_Picture_2.jpeg)

ATTRv amyloidosis is rapidly progressive, leading to loss of mobility, autonomy and shortened life expectancy

![](_page_20_Figure_1.jpeg)

hATTR, hereditary transthyretin amyloidosis mNIS+7, modified neuropathy impairment test

1. Adams D et al. Neurology. 2015;85:675–82 4; 2. Adams D et al. Ther Adv Neurol Disord. 2013;6:129–39; 3. Mariani L et al. Ann Neurol. 2015;78:901–16; 4. Koike J et al. J Neurol Neurosurg Psychiatry. 2012;83:152–8. Figure modified from Adams D et al. Neurology. 2015;85:675–82.

# Natural history study of hATTR amyloidosis: neuropathy progresses rapidly without treatment

![](_page_21_Figure_1.jpeg)

Based on figure from: 1. Adams et al. *Neurology* 2015;85:675-82.

Based on data from: 1. Adams et al. *Neurology* 2015;85:675–82; 2. Ziegler et al. *Diabetes Care* 2011;34:2054–60; 3. Shy et al. *Neurology* 2008;70:378–83. <sup>†</sup>Calculated based on change in NIS over 4 years in placebo group.

#### \*Median baseline NIS 32.0.

hATTR amyloidosis, hereditary transthyretin amyloidosis; CMT, Charcot-Marie-Tooth; mNIS, modified NIS; NIS, Neuropathy Impairment Score; PN, polyneuropathy.

1. Adams D, et al. Neurology 2015;85:675–82; 2. Ziegler D, et al. Diabetes Care 2011;34:2054–60; 3. Shy ME, et al. Neurology 2008;70:378–83.

# ATTRv polyneuropathy significantly limits daily activities from its earliest stages

#### Activity limitations based on R-ODS (n=225; APOLLO)<sup>1</sup>

![](_page_22_Figure_2.jpeg)

FAP, familial amyloidotic polyneuropathy; hATTR, hereditary transthyretin-mediated amyloidosis (hATTR or ATTRv; v for variant); R-ODS, Rasch-built Overall Disability Scale.

1. Berk J et al. Presented at: The XVI International Symposium on Amyloidosis, March 26–29, 2018, Kumamoto, Japan (Poster.

ATTRv polyneuropathy has a measurable impact on quality of life<sup>1,2</sup>

Analysis of the baseline study population from the NEURO-TTR hATTR polyneuropathy phase 3 study<sup>1</sup>

![](_page_23_Figure_2.jpeg)

 Neuropathy-specific QoL for patients with hATTR has been reported to be comparable to QoL in type 2 diabetes, with diabetic neuropathy accompanied by history of ulceration, gangrene, or amputation<sup>2</sup>

hATTR, hereditary transthyretin amyloidosis; mNIS+7, modified neuropathy impairment score +7 neurophysiologic tests; QoL, quality of life; Norfolk QoL-DN, Norfolk Quality of Life–Diabetic Neuropathy; PCS, physical component score; PND, polyneuropathy disability; SF-36, Short Form, 36-item. PND I: Sensory disturbances in limbs without motor impairment; PND II: Difficulty walking without the need of a walking aid; PND III: One stick or one crutch required for walking; PND IV: Two sticks or two crutches needed. 1. Waddington-Cruz M et al. *Amyloid.* 2018;25(3):180-188; 2. Yarlas A et al. *Muscle Nerve.* 2019;60(2):169-175.

# Eye and CNS involvement

#### Arg34Gly

![](_page_24_Figure_2.jpeg)

# CNS involvement in V30M transthyretin amyloidosis: clinical, neuropathological and biochemical findings

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![](_page_24_Figure_5.jpeg)

![](_page_24_Picture_6.jpeg)

![](_page_24_Picture_7.jpeg)

#### ATTR: disease mechanisms and treatment targets

![](_page_25_Figure_1.jpeg)

\*not approved for ATTR amyloidosis

Adapted from Obici and Adams JPNS 2020.

#### The natural history of the disease informs management of asymptomatic carriers

![](_page_26_Figure_1.jpeg)

![](_page_26_Figure_2.jpeg)

#### **Increase frequency of surveillance if:**

- Signs suspected Ι.
- In older patients ii.
- Genotypes associated with iii. progressive disease

Time **Changes in Clinical Parameters over** 

Conceicao et al. Amyloid 2019

Tranthyretin amyloidosis is becoming an increasingly curable disease but it remains dramatically challenging for patients diagnosed late

# Thank you for your attention!

#### Acknowledgements

![](_page_28_Picture_1.jpeg)

![](_page_28_Picture_2.jpeg)

Roberta Mussinelli Stefano Perlini Andrea Attanasio Luca Filighera Martina Nanci Melania Sesta Alice Nevone Claudia Cagnoni Gianluigi Guida Paola Rognoni Anna Carnevale Baraglia Elona Luka Eleonora Di Buduo Simona Casarini

Alberto Bovera Arianna Pasi Nicole Pinocchio

![](_page_28_Picture_6.jpeg)