

Strumenti diagnostici per la cardiopatía amiloidotica

Michele Emdin, MD, PhD, FESC, FHFA

Giuseppe Vergaro, MD, PhD

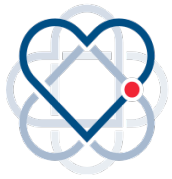
Scuola Superiore Sant'Anna, Pisa

Fondazione G Monasterio, Pisa, Massa

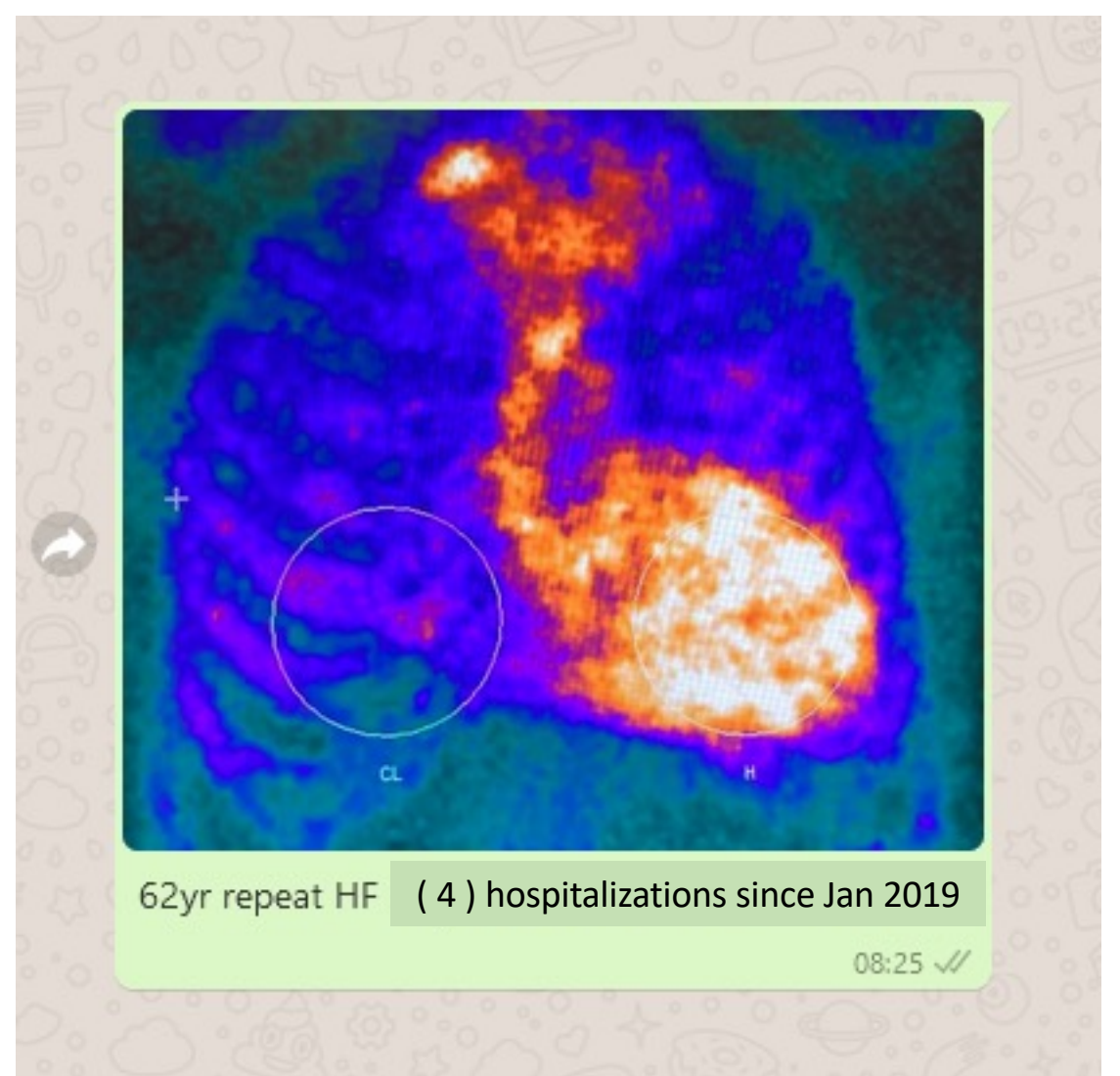
m.emdin@santannapisa.it



Artwork di
Ursula Ferrara



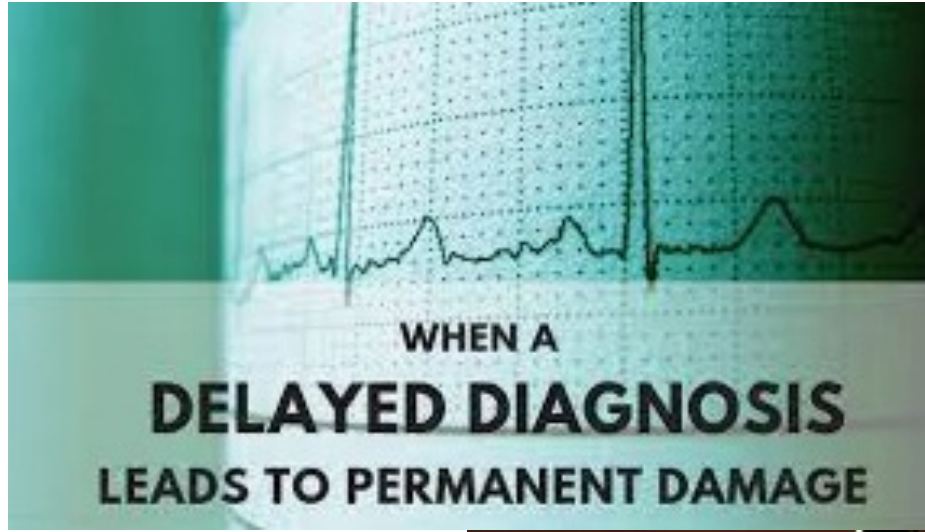
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la ricerca che cura



you find what you
are looking for

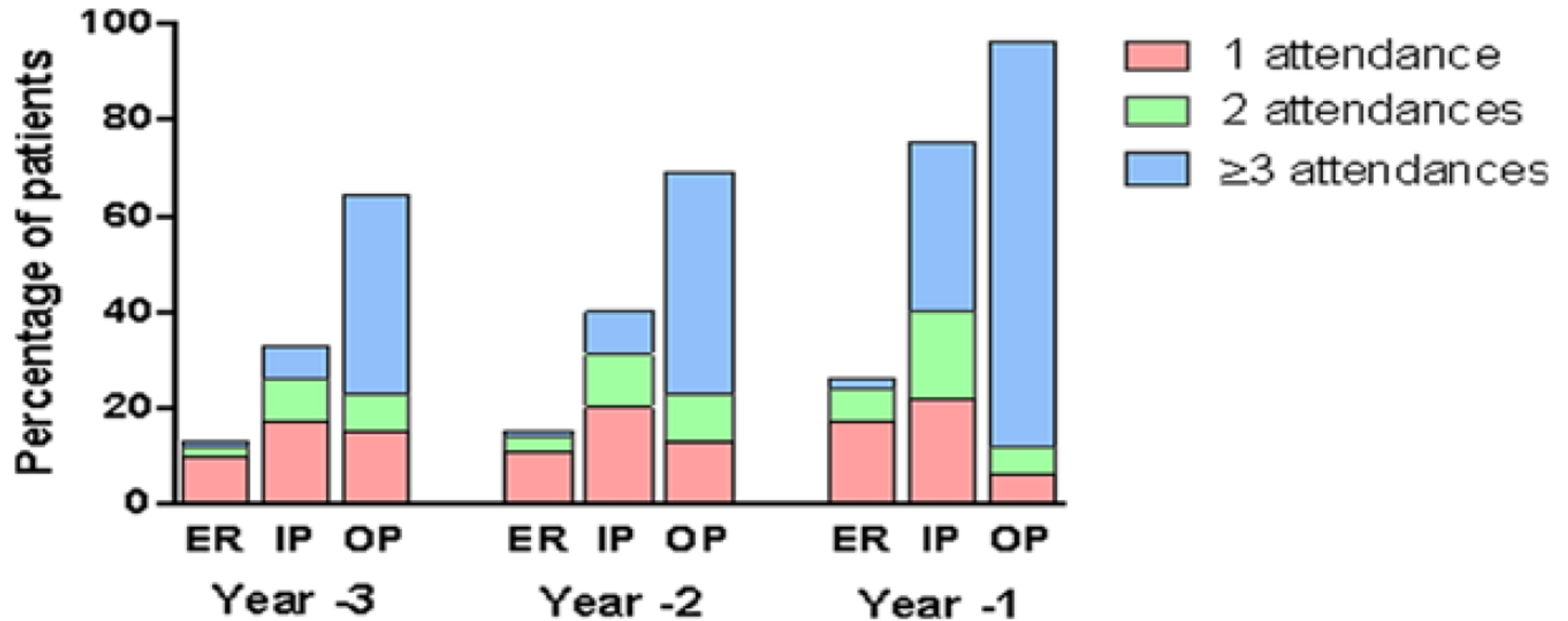
you look for what
you know





Delayed
diagnosis

Hospital admissions *before* diagnosis



CA: no time to be wasted

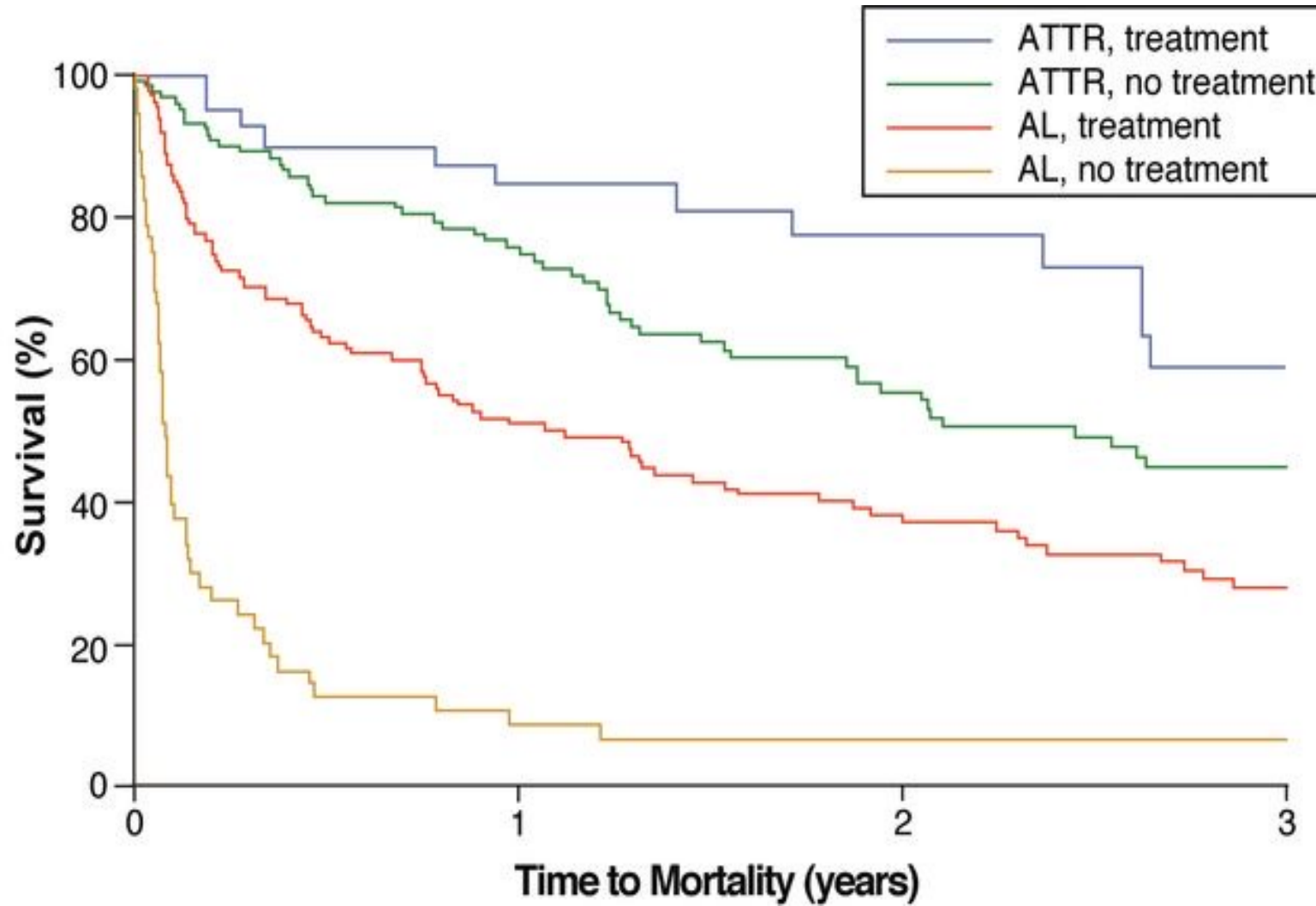
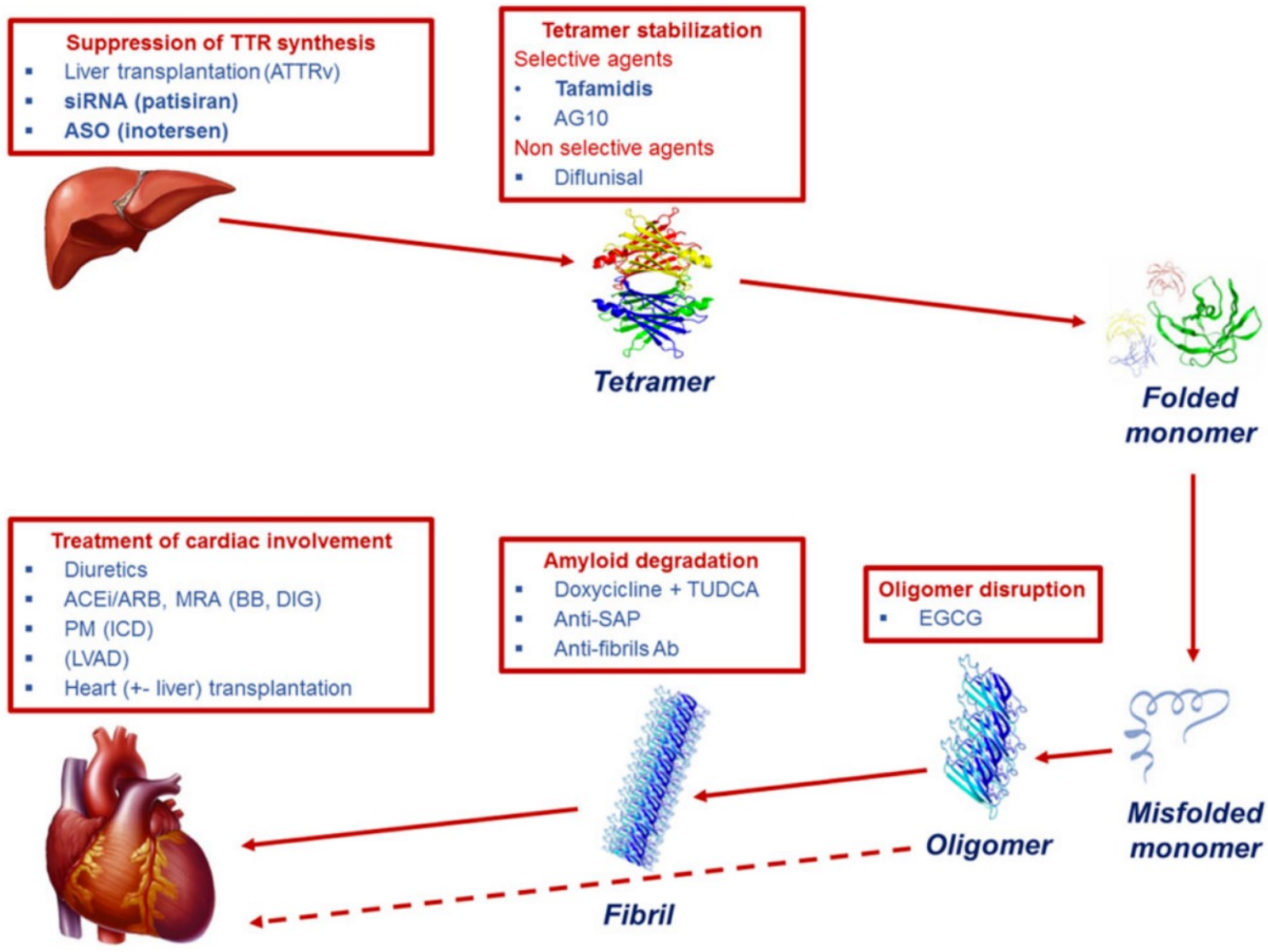


Figure from Sperry et al. 2016.¹



Treatment of cardiac transthyretin amyloidosis: an update

Michele Emdin^{1,2,*}, Alberto Aimo^{3†}, Claudio Rapezzi⁴, Marianna Fontana^{5,6}, Federico Perfetto^{7,8}, Petar M. Seferovic^{9,10}, Andrea Barison^{1,2}, Vincenzo Castiglione^{1,3}, Giuseppe Vergaro^{1,2}, Alberto Giannoni^{1,2}, Claudio Passino^{1,2}, and Giampaolo Merlini^{11,12}

< 22



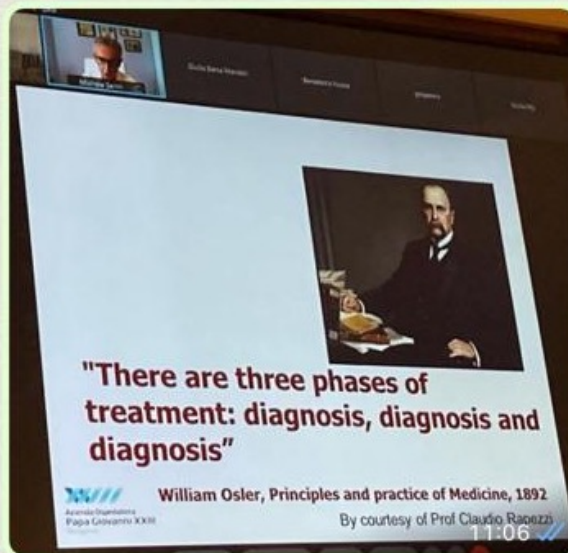
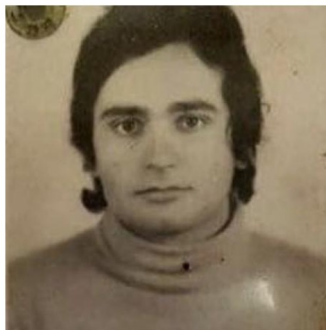
Rapezzi



va bene domani o giovedì fascia
13-15?

12:34

5 lug 2021



Poteva non ringraziarmi, il merito è di
osler. Anche churchill e Stalin hanno
alcuni aforismi utili che ti girerò

11:14

[https://twitter.com/micheleemdin/
status/1412004364936437762?s=24](https://twitter.com/micheleemdin/status/1412004364936437762?s=24)

13:05 ✓✓



Michele Emdin on Twitter

"Overture of the 2nd Master on "Heart
Failure pathophysiology, Clinical
features and management."

Lectio magistralis given by Michele Senni citing
Claudio Rapezzi citing William Osler on the 3
phases of treatment: 1) diagnosis, 2) diagnosis, 3)



First:
have the suspicion..



SUSPECT CA in the presence of 'red flag' clusters of symptoms

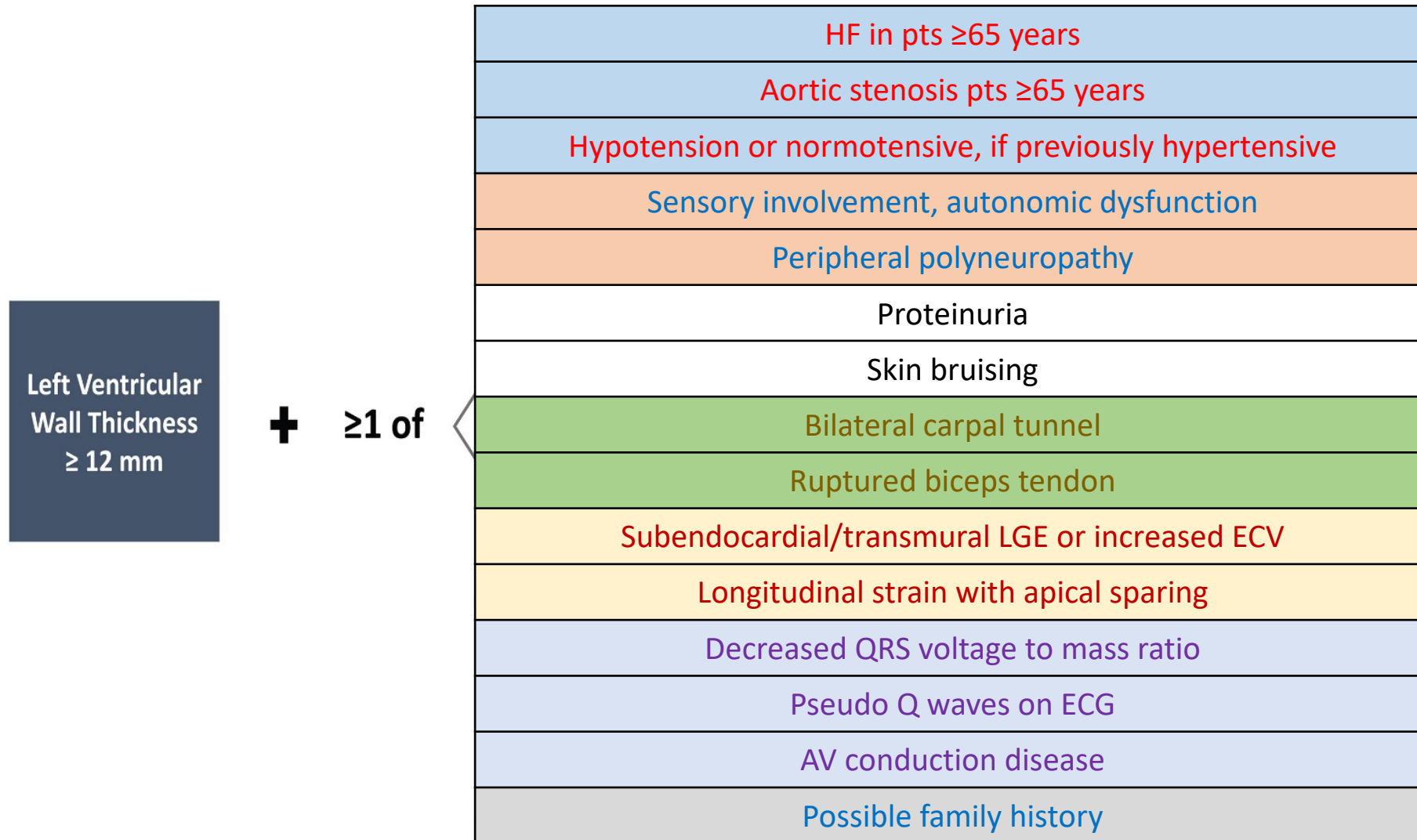


Figure adapted from Garcia-Pavia et al. 2021.¹

AV, atrio-ventricular; CA, cardiac amyloidosis; ECG, electrocardiogram; ECV, extracellular volume; HF, heart failure; LGE, late gadolinium enhancement; pts, patients.

1. Garcia-Pavia P, et al. *Eur J Heart Fail* 2021;23:512–526.

How to get a final differential diagnosis

Signs and symptoms (including findings on ECG, echo or CMR) suggestive of cardiac amyloidosis

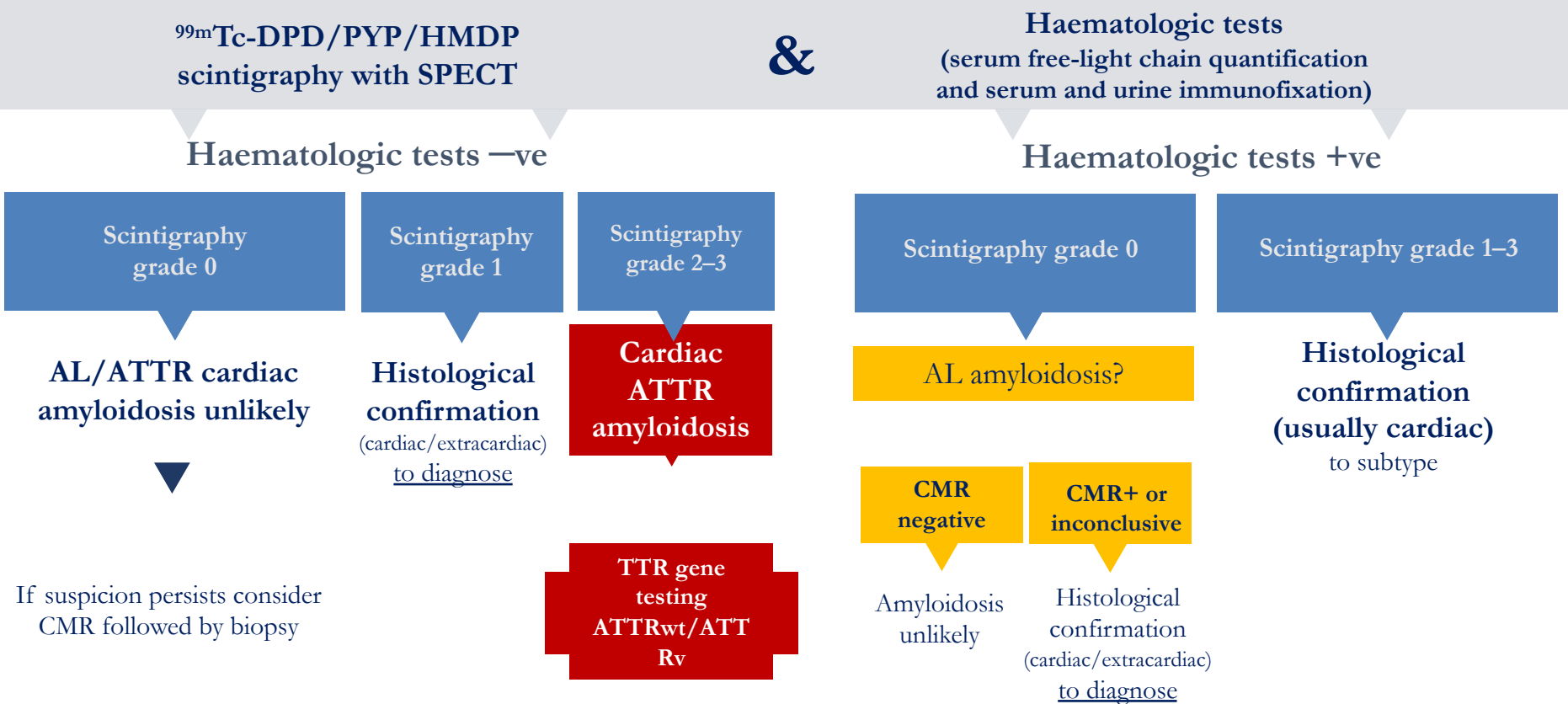
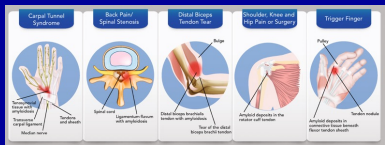
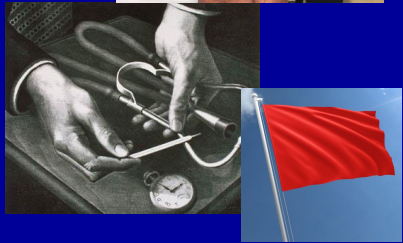
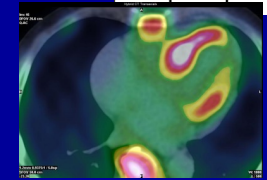
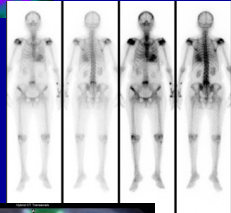
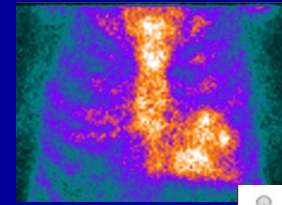
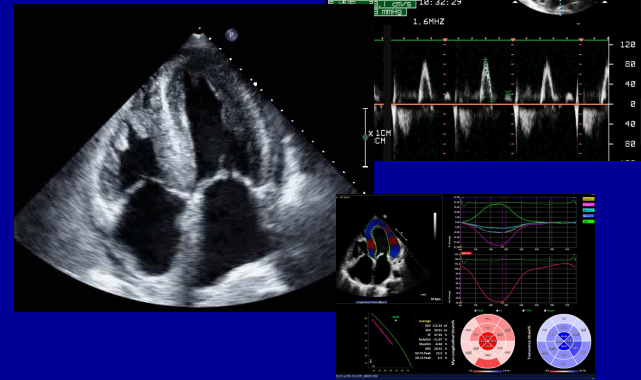
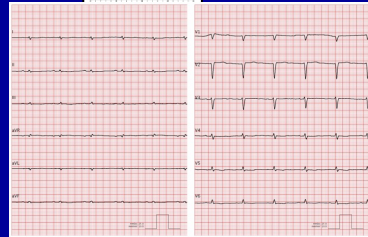
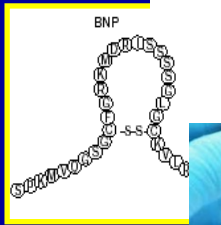
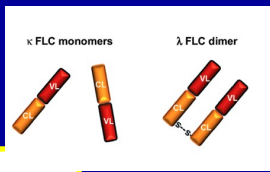


Figure adapted from Garcia-Pavia et al. 2021.¹

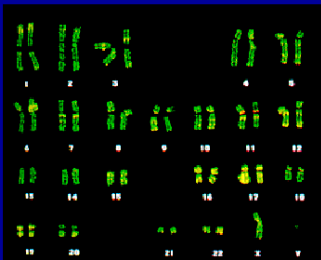
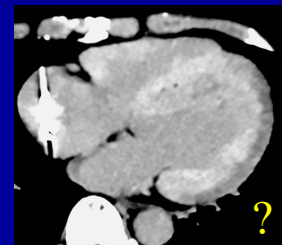
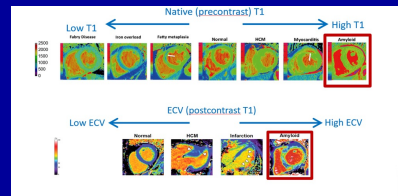
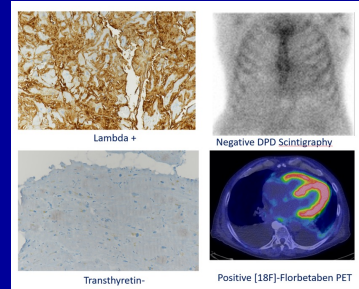
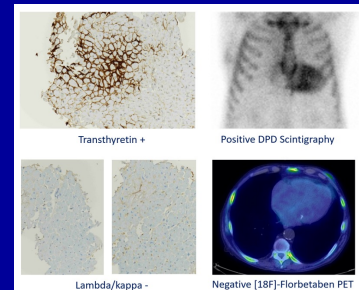
Position statement of the ESC Working Group on Myocardial and Pericardial Diseases.¹

^{99m}Tc-DPD, DPD3,3-diphosphono-1,2-propanodicarboxylic acid; AL, amyloid light chain; ATTRv, hereditary transthyretin-mediated amyloidosis (v for variant); ATTRwt, wild-type transthyretin-mediated amyloidosis; CMR, cardiac magnetic resonance; ECG, electrocardiogram; ESC, European Society of Cardiology; HMDP, hydroxymethylene diphosphonate; PYP, pyrophosphate; SPECT, single photon emission computed tomography.

1. Garcia-Pavia P, et al. *Eur J Heart Fail* 2021;23:512–526.



How to diagnose..



Cardiac biomarkers to diagnose CA

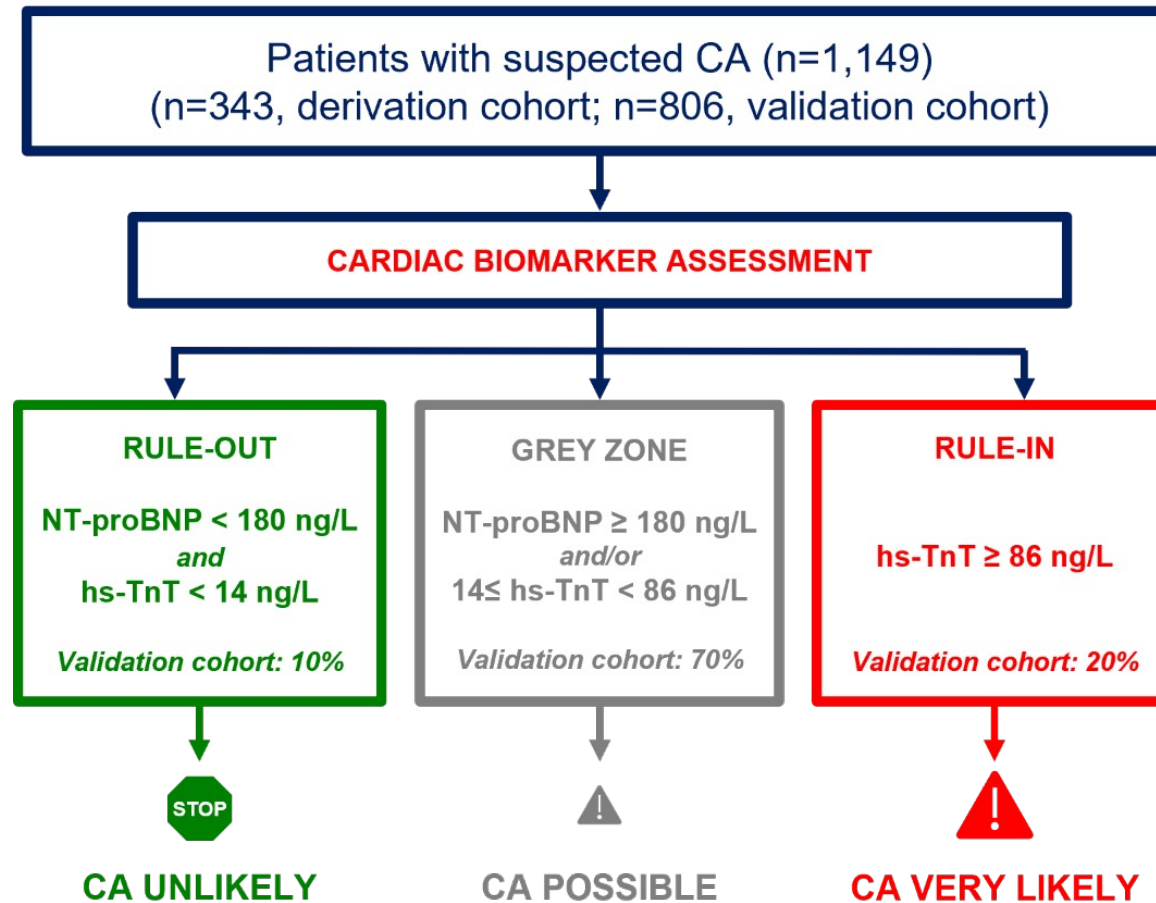


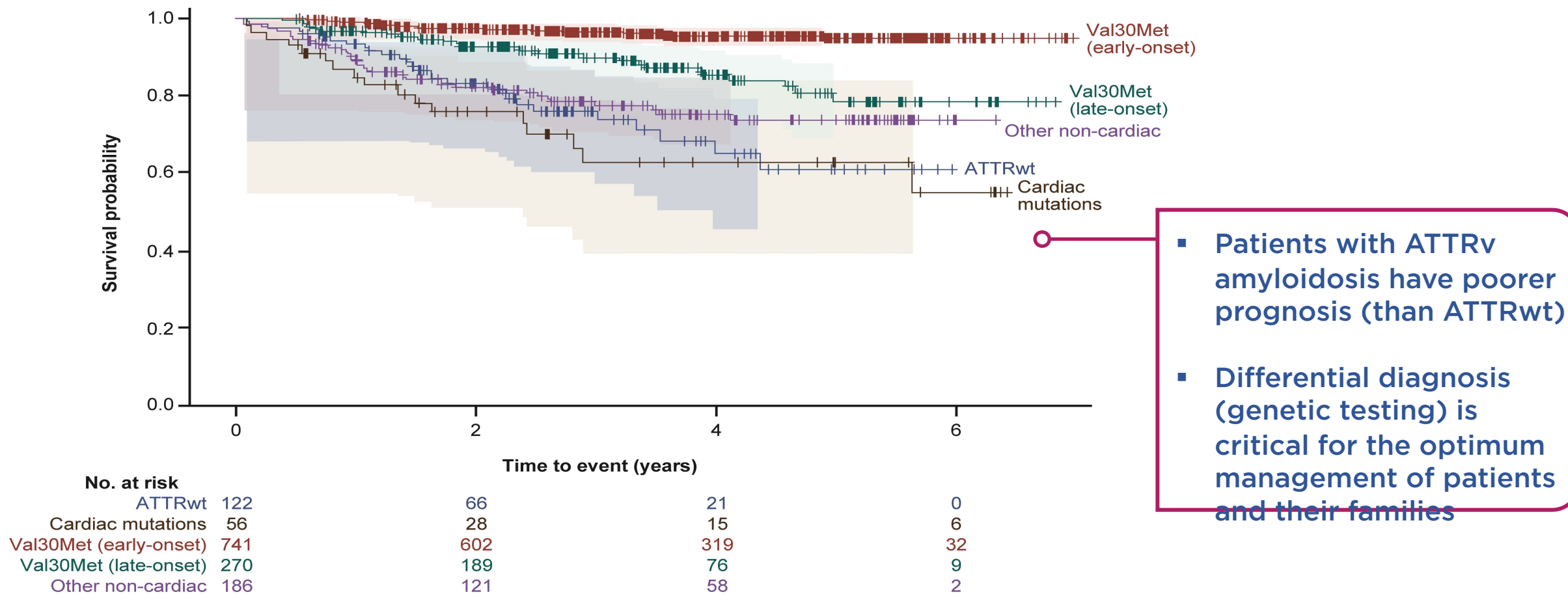
Figure from Vergaro G, et al 2023¹

AL, amyloid light-chain; ATTR, transthyretin-mediated amyloidosis; BNP, B-type natriuretic peptide; CA, cardiac amyloidosis; hs-TnT, high-sensitivity troponin T; NT-proBNP, N-terminal pro-B-type natriuretic peptide; (hs-)TnT/I, (high-sensitivity) troponin T/I; URL, upper reference limit.

1. Vergaro G. *Eur J Heart Fail* 2023;25(3):335-346.

The importance of genetic testing

Survival in ATTR-CA patients varies by genotype



n=1375 patients from THAOS

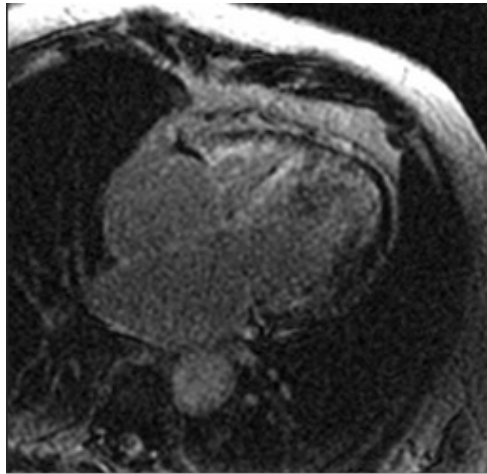
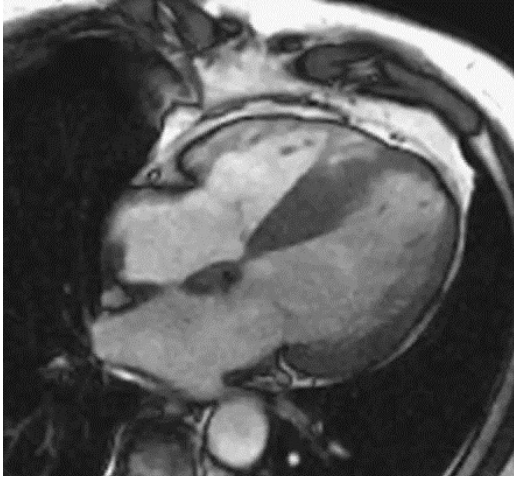
Figure from Damy et al. 2019.¹

ATTR, transthyretin-mediated amyloidosis; CA, cardiac amyloidosis; ATTRv, hereditary transthyretin-mediated amyloidosis (v for variant); ATTRwt, wild-type transthyretin-mediated amyloidosis.

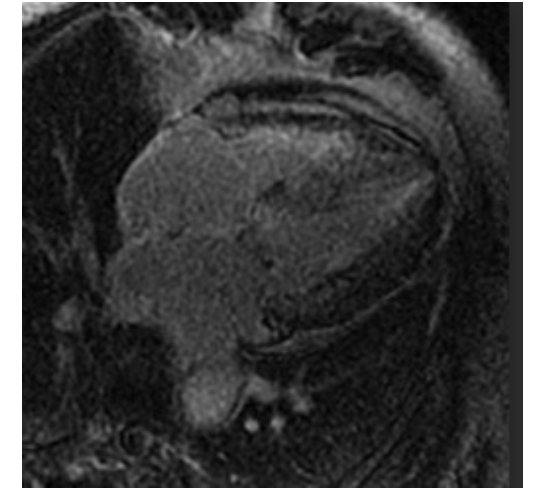
1. Damy T, et al. *Eur Heart J* 2019; 43(5):391-400.

The importance of genetic testing

Double pathology exists.

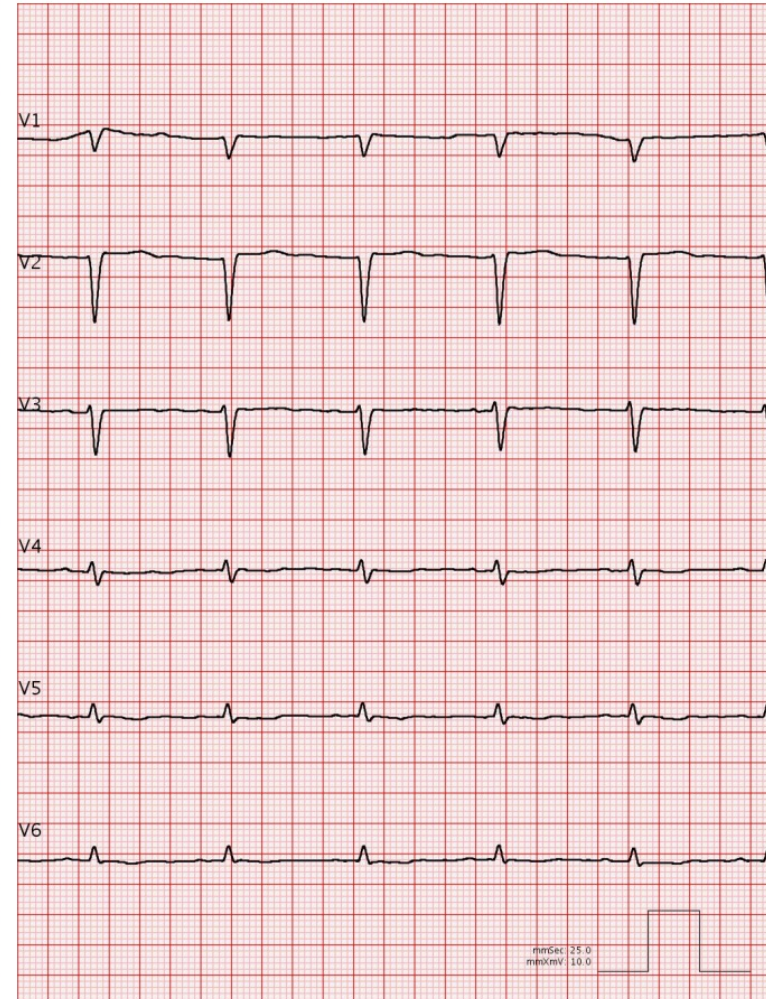
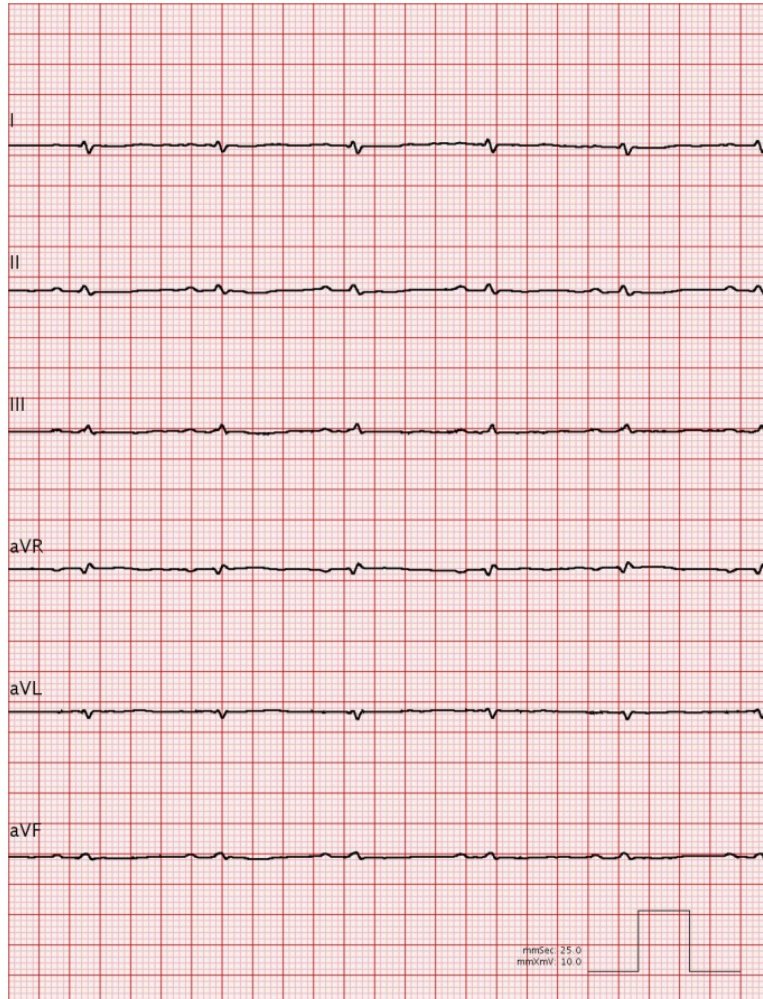


M, 66 y, ATTRwt-CA,
sarcomeric CMP
MYBPC3 gene - Glu542Gln



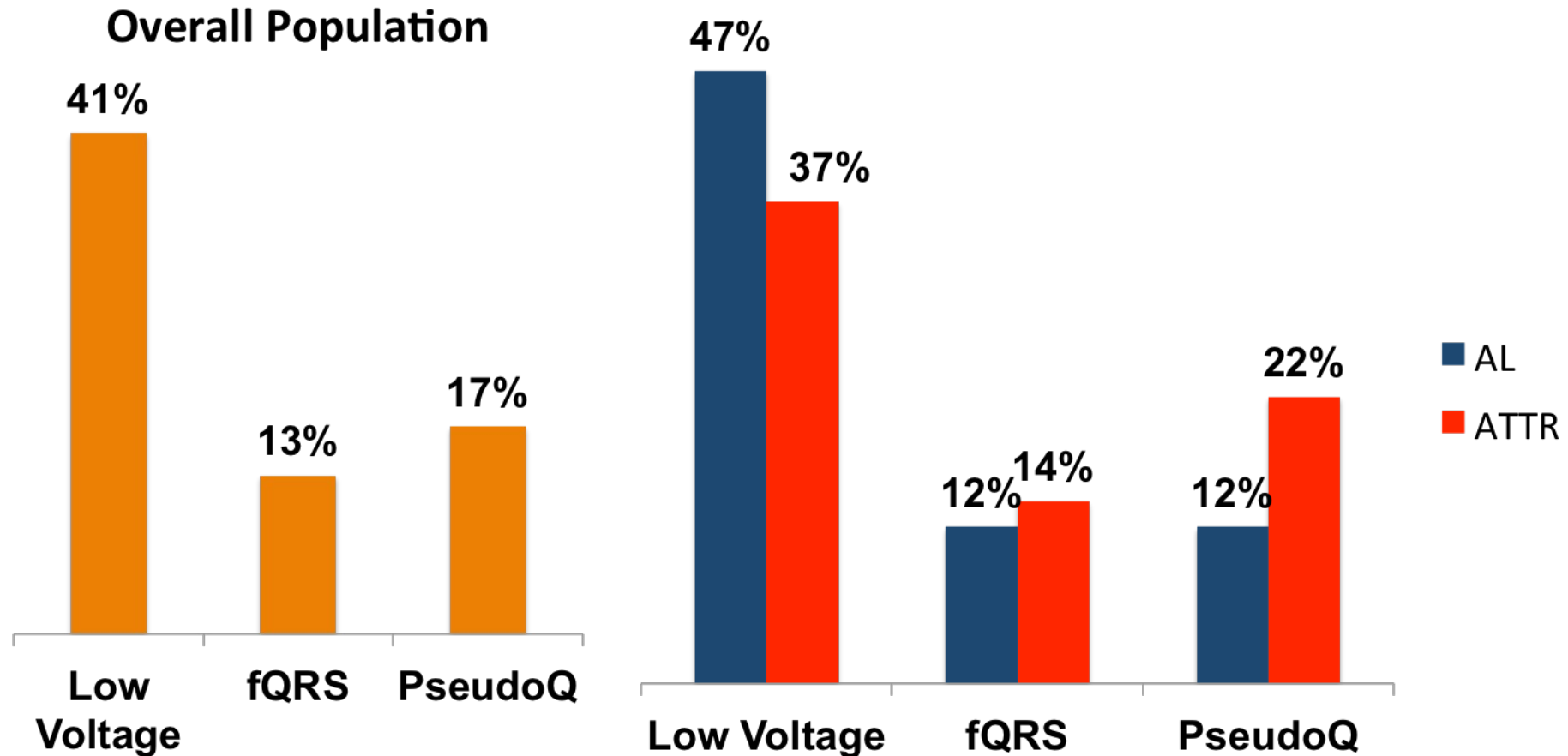
M, 65 y, CAD, «NSTEMI»,
ATTRv-CA
TTR gene - Ile88Leu

D.A. Male, 69 yo – Diagnosed Jan 2019



Cardiac Amyloidosis: FTGM experience

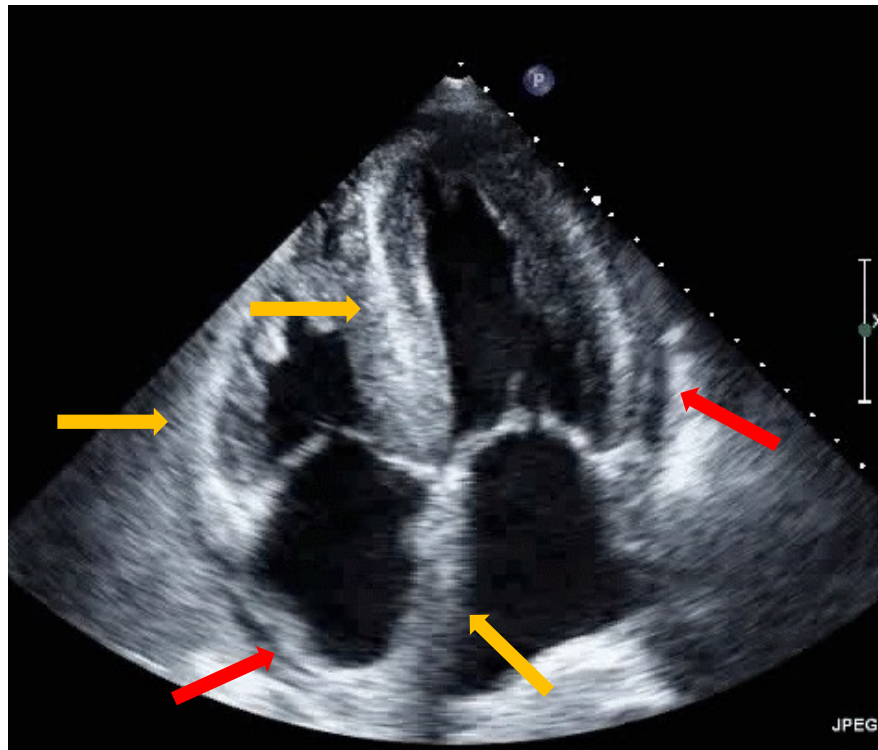
284 patients with cardiac amyloidosis (EBM/echo/DPD-CTPET/MRI proven +NT-proBNP)



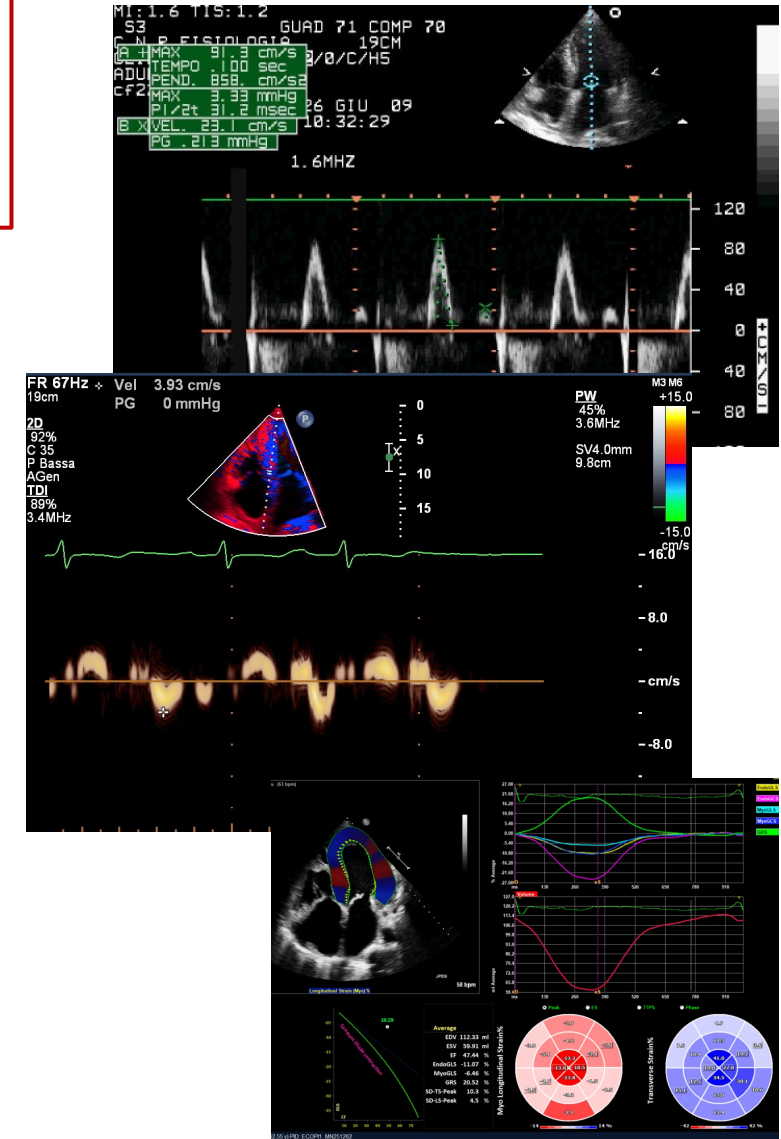
CA: insights from echo

Echocardiography

The high accessibility, the ability to describe both cardiac structure and function, makes echocardiography the first-line tool in CA assessment.



- Infiltrative cardiomyopathy
- LV & RV pseudohypertrophy
- Granular sparkling
- Atrial dilatation
- Early LV diastolic dysfunction
- Delayed LV systolic dysfunction
- Apical sparing
- LA septum thickening
- Valve involvement
- Pericardial effusion



Courtesy of dr. Chubuchnyi

CA: 4-chamber strain evaluation



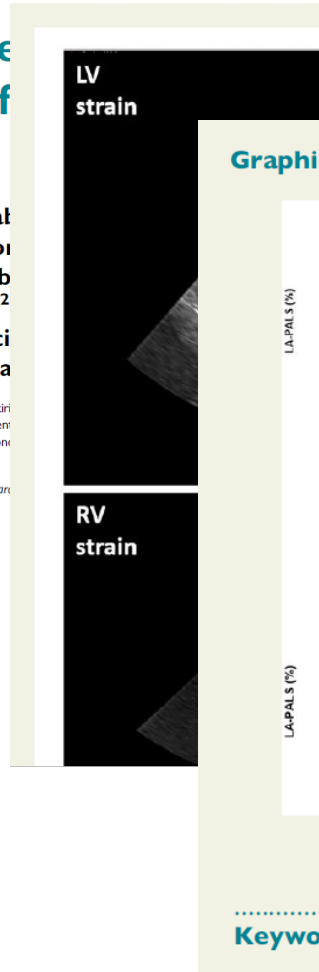
European Heart Journal - Cardiovascular Imaging (2022) 00, 1–12
 European Society of Cardiology
<https://doi.org/10.1093/ehjci/jeac057>

Multi-chamber speckle-tracking echocardiography: diagnostic value of amyloidosis

Alberto Aimo ^{1,2,*†}, Iacopo Falaschi ^{1,2,3,4}, Giulia Elena Mandoli ³, Maria Corrado ¹, Valentina Spini ², Vladyslav Chubrik ², Elisa Poggianti ², Claudia Taddei ², Giorgia Panichella ¹, Carlotta Sciatti ¹, Claudio Passino ^{1,2}, Matteo Caiani ^{1,2}

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 Medicine, Athens, Greece

Received 27 July 2021; editorial decision 3 March 2022; accepted 4 March 2022



Keywo

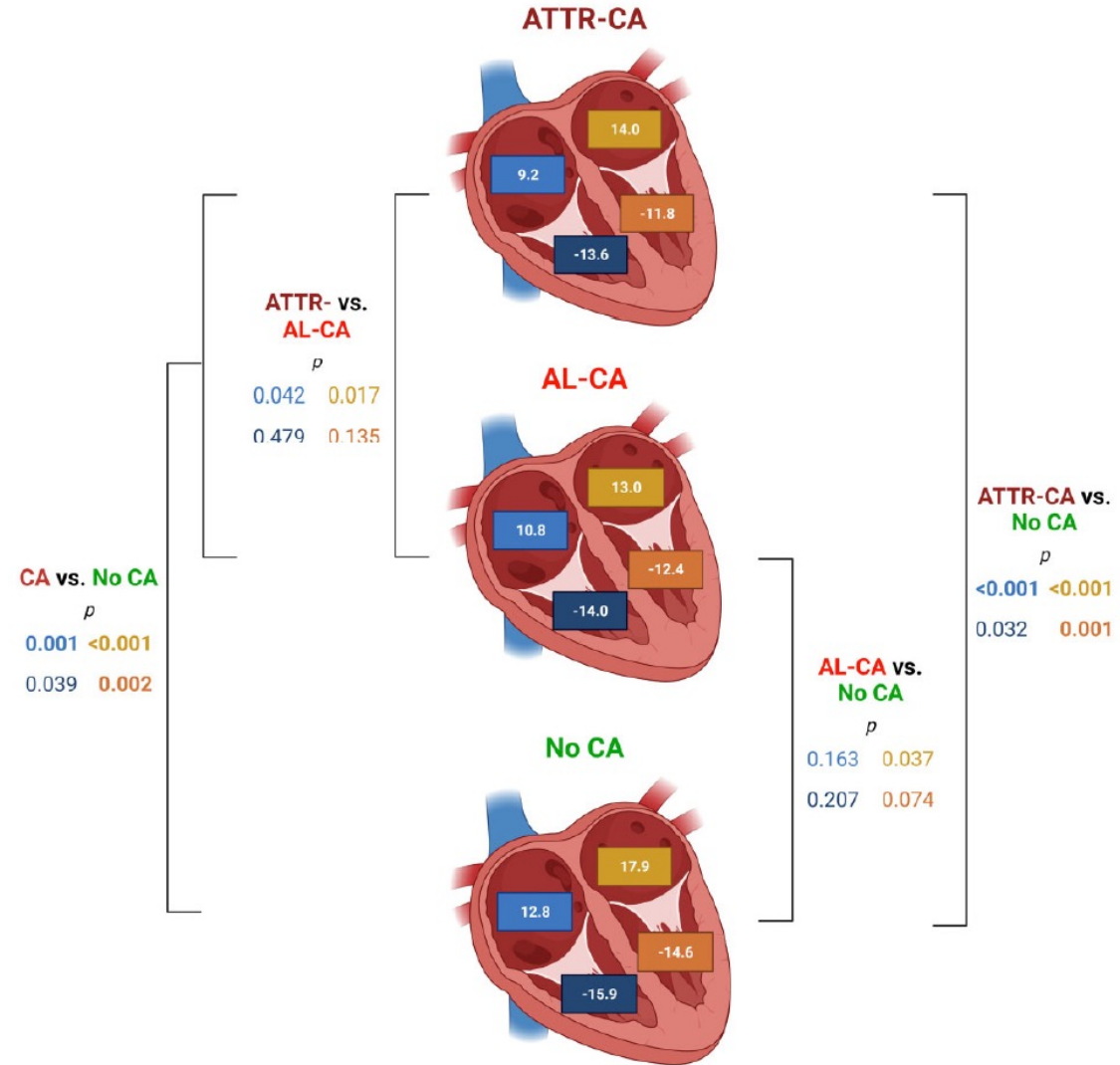


Figure 5 Comparison between strain values in the four chambers. Median values of left ventricular global longitudinal strain (GLS), peak left atrial longitudinal strain, peak right ventricular GLS, and peak right atrial longitudinal strain are reported. The Bonferroni correction was applied to account for multiple comparisons (n = 4); significant P-values (<0.0125) are highlighted in bold.

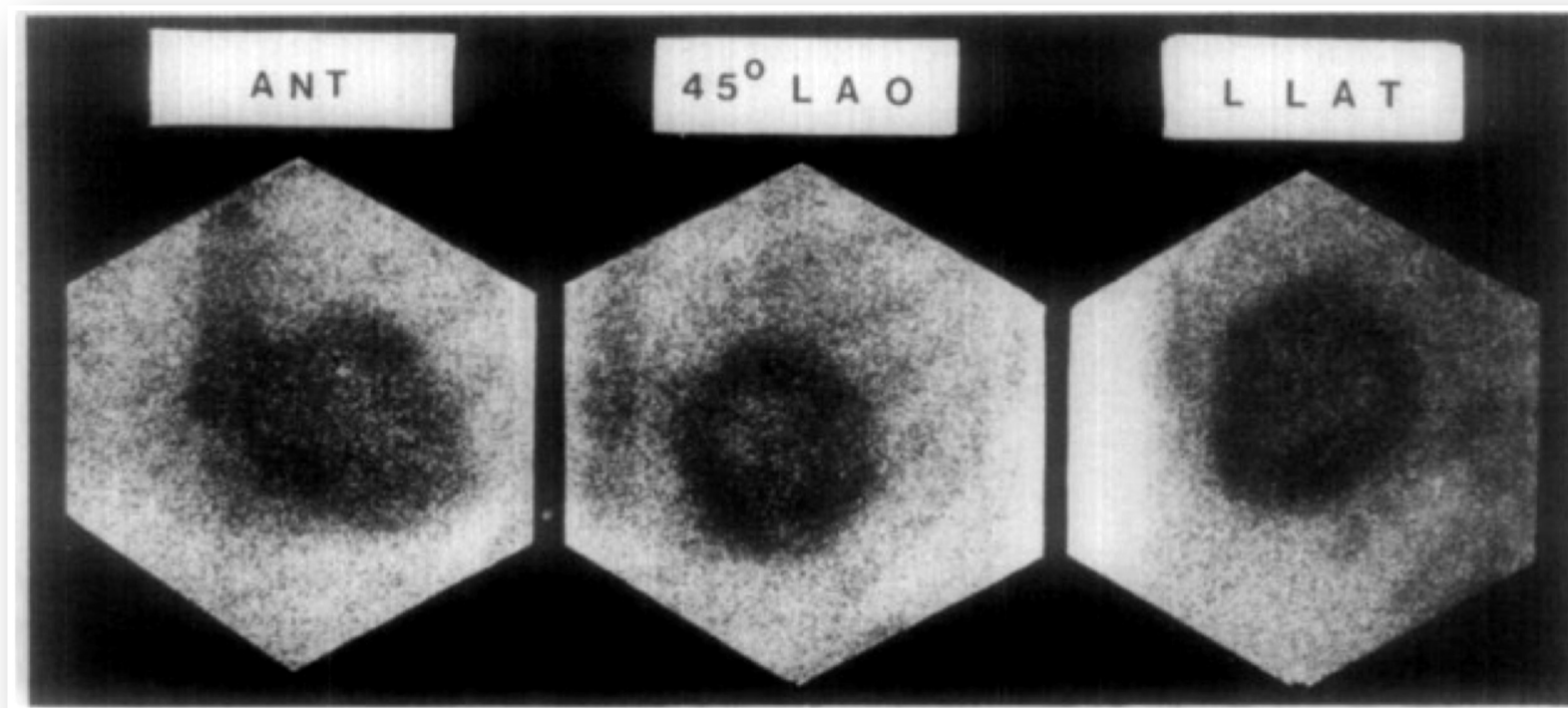
CA, cardiac amyloidosis.

1. Aimo A, et al. *Eur J Clin Invest* 2021;51(5):e13449.

**Value of positive myocardial
technetium-99m-pyrophosphate scintigraphy in
the noninvasive diagnosis of cardiac
amyloidosis**

Am Heart J. 1982

Theodore A. Wizenberg, M.D., Jaroslaw Muz, M.D., Young H. Sohn, M.D.,
Wolfram Samlowski, M.D., and Arnold M. Weissler, M.D. *Detroit, Mich.*



Noninvasive etiologic diagnosis of cardiac amyloidosis using ^{99m}Tc -3,3-diphosphono-1,2-propanodicarboxylic acid scintigraphy.

Perugini E¹, Guidalotti PL, Salvi F, Cooke RM, Pettinato C, Riva L, Leone O, Farsad M, Ciliberti P, Bacchi-Reggiani L, Fallani F, Branzi A, Rapezzi C.

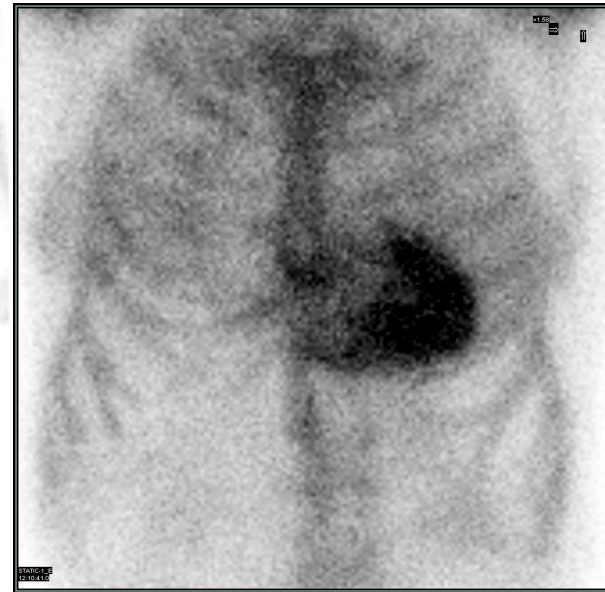
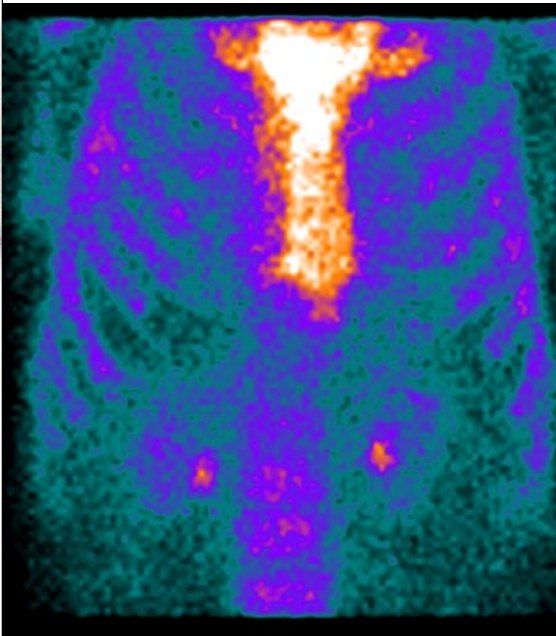
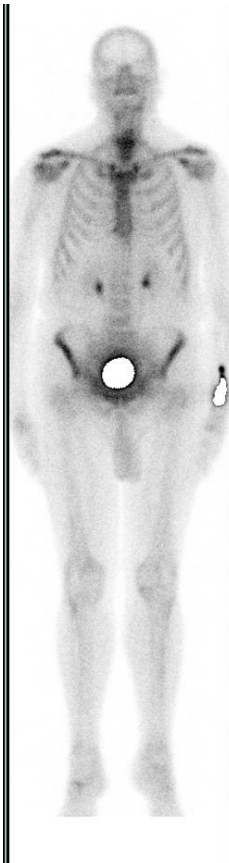
Score visivo di captazione planare:

0 = assente captazione cardiaca e captazione ossea normale

1 = debole captazione cardiaca, di intensità inferiore a quella ossea

2 = moderata captazione cardiaca associata ad attenuata captazione ossea

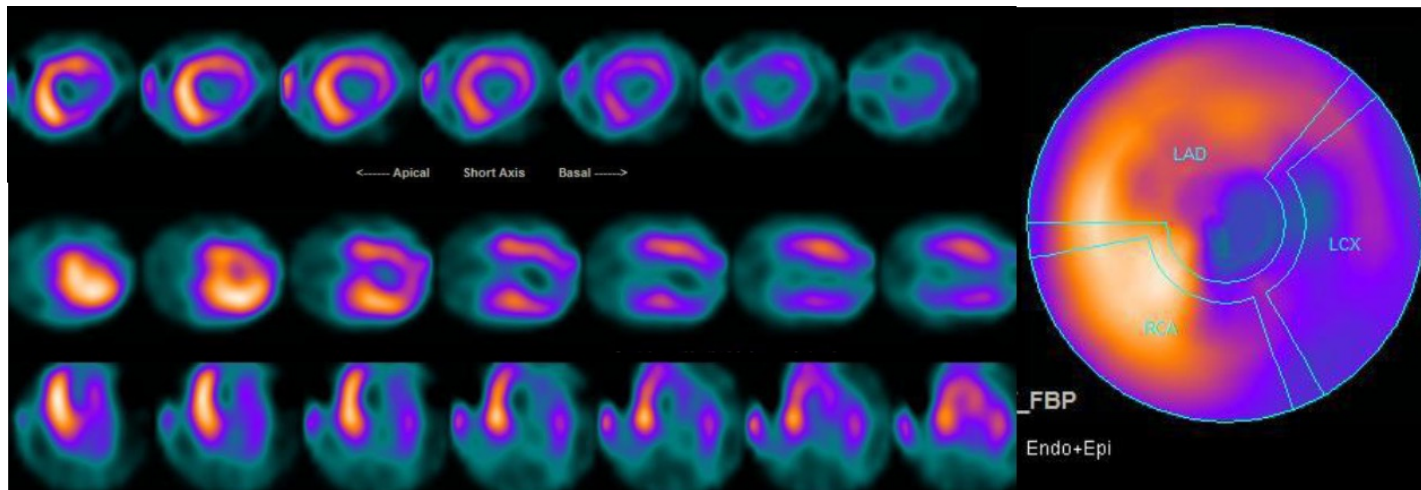
3 = intensa captazione cardiaca associata a ridotta o assente captazione ossea



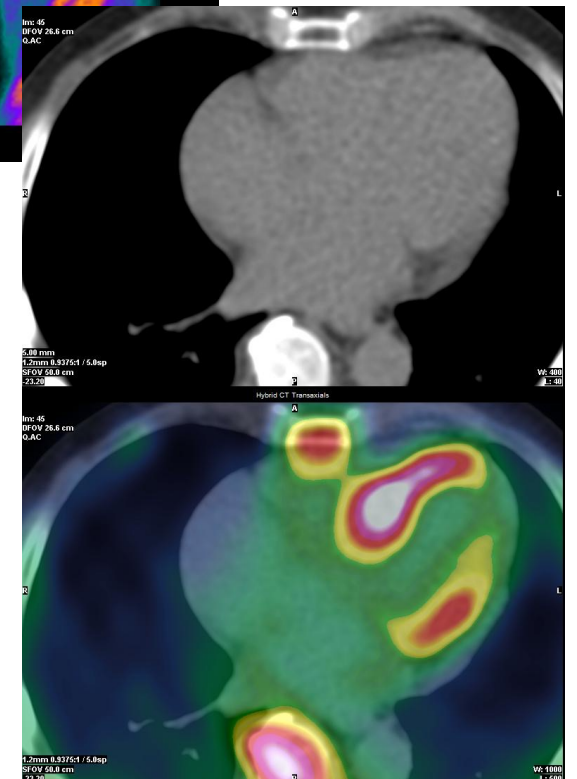
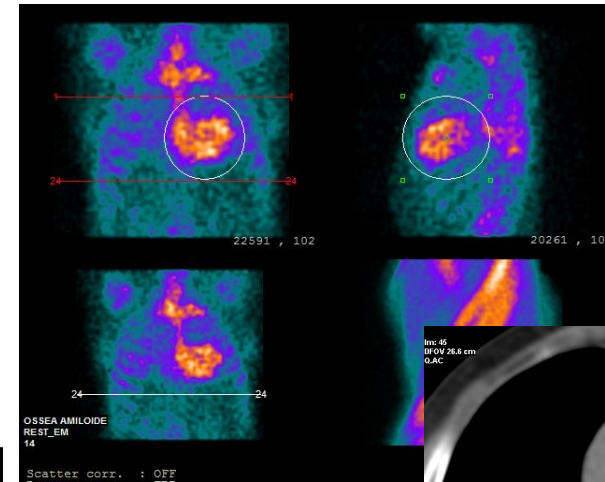
Beyond the “Perugini score”: CZT detector + CT-SPECT



Discovery NM/CT 670 CZT



370 Mbq – 10 min/scan 2 hours after injection



Towards a non-invasive diagnosis of AL-CA

¹⁸F-Florbetaben PET/CT for AL-CA diagnosis

ORIGINAL RESEARCH

[¹⁸F]-Florbetaben PET/CT for Differential Diagnosis Among Cardiac Immunoglobulin Light Chain, Transthyretin Amyloidosis, and Mimicking Conditions

Dario Genovesi, MD,^{1,2*} Giuseppe Vergaro, MD, PhD,^{3,4,5*} Assuero Giorgetti, MD,^{3,4} Paolo Marzullo, MD,⁶ Michele Scipioni, EngD,⁷ Maria Filomena Santarelli, EngD,⁸ Angela Pucci, MD,¹ Gabriele Buda, MD,⁸ Elisabetta Volpi, BSc, PhD,¹ Michele Emdin, MD, PhD^{1,6}

ABSTRACT

OBJECTIVES This study aimed to test the diagnostic value of [¹⁸F]-florbetaben positron emission tomography (PET) in patients with suspicion of CA.

BACKGROUND Diagnosis of cardiac involvement in immunoglobulin light chain (AL) or liver-generated transthyretin (ATTR) amyloidosis (CA) in AL may require endomyocardial biopsy.

METHODS Forty patients with biopsy-proven diagnoses of CA were included. Initial clinical suspicion and later diagnosed with non-CA pathology with a 60-min dynamic [¹⁸F]-florbetaben PET acquisition, and radiotracer injection.

RESULTS Visual qualitative assessment showed intense early high, persistent cardiac uptake in all the static scans, whereas uptake decrease soon after the early scan. Semiquantitative as value (SUV_{mean}) in patients with AL, sustained over the whole 60 min (IQR: 4.00 to 7.43; vs. delayed SUV_{mean}: 3.50; IQR: 2.32 to 6.00; vs. ATTR (IQR: 1.80 to 2.97; vs. delayed SUV_{mean}: 1.25; IQR: 0.80 to 1.50; vs. CTRL (IQR: 1.60 to 3.37; vs. delayed SUV_{mean}: 1.00; IQR: 0.70 to 1.30). No significant difference was found comparing heart-to-background ratio and molecular volume.

CONCLUSIONS Delayed [¹⁸F]-florbetaben cardiac uptake mimicking conditions. [¹⁸F]-florbetaben PET/computed tomography (CT) acquisitions of cardiac amyloidosis, which is still often challenging and the II Exploratory Study on Evaluation of Diagnostic Efficacy of the Cardiac Amyloidosis [FLORAMICAR2]; EudraCT number: 2017-00177-01 © 2020 by the American College of Cardiology Foundation.

Genovesi D et al. 2021¹

EDITORIAL COMMENT

¹⁸F-Florbetaben and PET/CT Holds Promise for the Identification and Differentiation Among Cardiac Amyloidosis Entities*

Thomas H. Schindler, MD, PhD,¹ Vijay Shama, PhD,¹ Alessio Imperiale, MD, PhD²

Cardiac amyloidosis caused by aberrant deposits of immunoglobulin light chains (AL) or liver-generated transthyretin (ATTR) may clinically manifest in a restrictive form of cardiomyopathy, leading to progressive heart failure and worse clinical outcome (1,2). Because the clinical heart failure manifestation of restrictive cardiomyopathy with preserved left ventricular ejection fraction is a nonspecific feature shared with other cardiovascular disease entities, cardiac amyloidosis is frequently missed. In view of novel and emerging treatment options of cardiac amyloidosis (3,4), which likely improve symptoms and importantly prognosis in these patients, it is imperative to identify and differentiate these different forms of cardiac amyloidosis in the early stage of disease manifestation (5,6). Clinical presentation, electrocardiogram, echocardiography, and/or cardiac magnetic resonance commonly raise the suspicion or differential for cardiac amyloidosis and endomyocardial biopsy for definite diagnosis may ensue (1). Conversely, endomyocardial biopsy is invasive and associated with some sampling error, and it may not be applied in a wider range of patients

*Editorial published in JACC Cardiovascular Imaging reflect the views of the authors and do not necessarily represent the views of JACC or the American College of Cardiology.

From the ¹Division of Nuclear Medicine, Madsch Institute of Radiology, Washington University in St. Louis School of Medicine, St. Louis, Missouri, and the ²Washington and Notre Dame University Hospitals of Strasbourg, Strasbourg, France. Supported by the Departmental fund from Washington University (St. Louis, MO). The authors have reported that they have no relationships relevant to the contents of this paper to disclose.

The authors attest they are in compliance with human studies committees and animal welfare regulations of the authors' institutions and Food and Drug Administration guidelines, including patient consent where appropriate. For more information, visit the JACC Cardiovascular Imaging article submission page.

ISSN 1936-878X/2021/000000

https://doi.org/10.1016/j.jcm.2020.06.017

Schindler T et al. 2021²

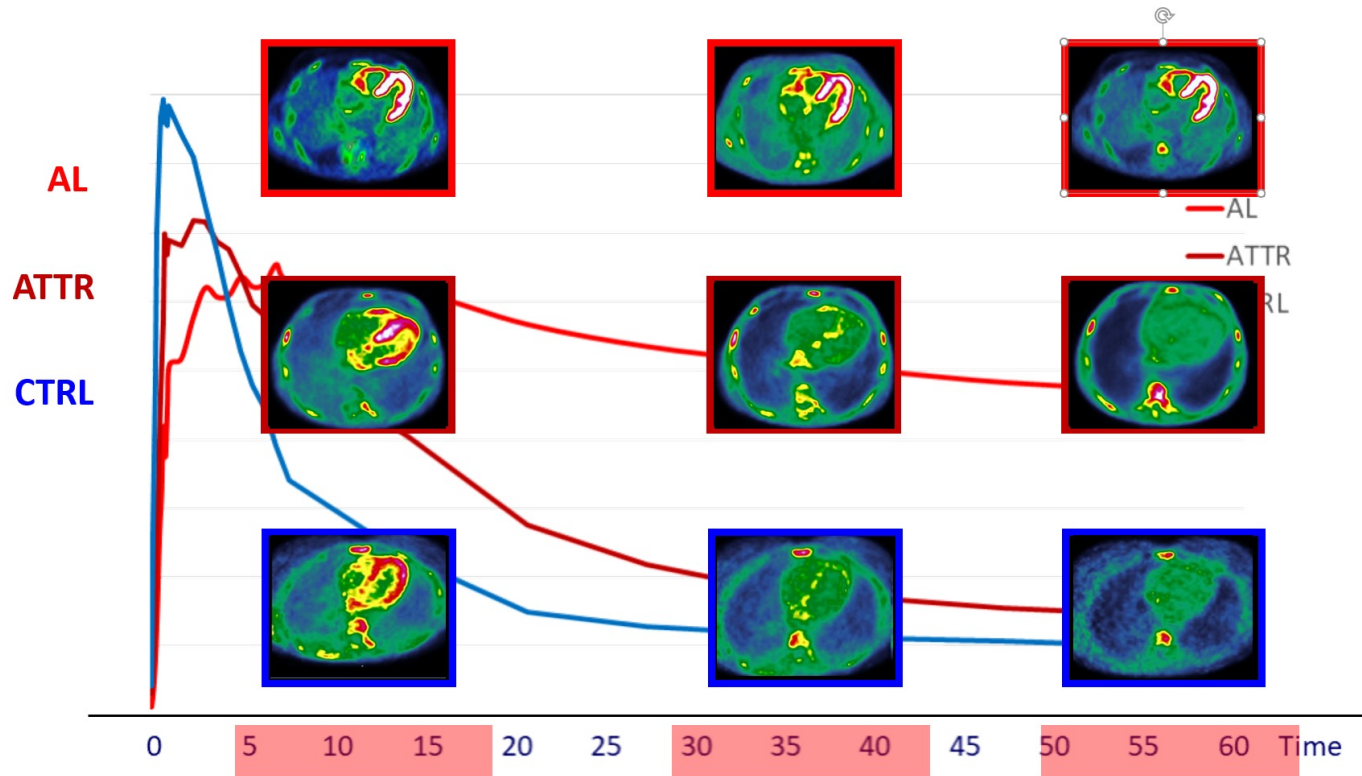


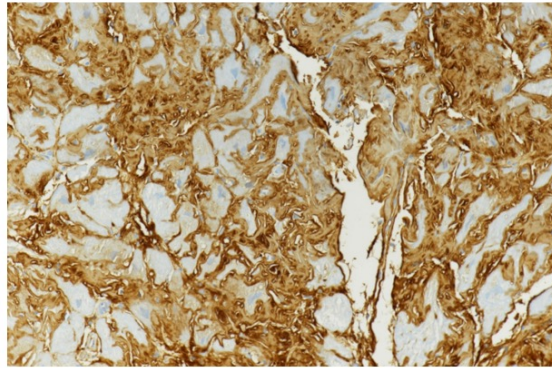
Image adapted from Genovesi et al. 2021.¹

AL, immunoglobulin light-chain amyloidosis; CA, cardiac amyloidosis; CT, computerized tomography; PET, positron emission tomography.

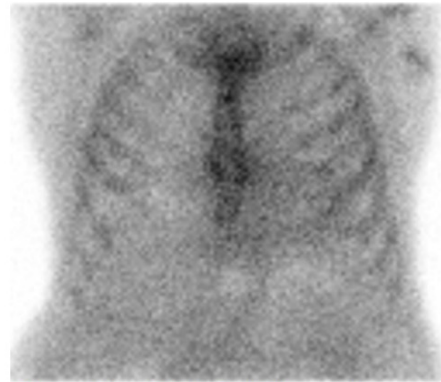
1. Genovesi D, et al. *JACC Cardiovasc Imaging* 2021;14(1):246–255; 2. Schindler T, et al. *JACC Cardiovasc Imaging* 2021;14(1):256–258.

^{18}F -Florbetaben PET/CT for AL-CA diagnosis

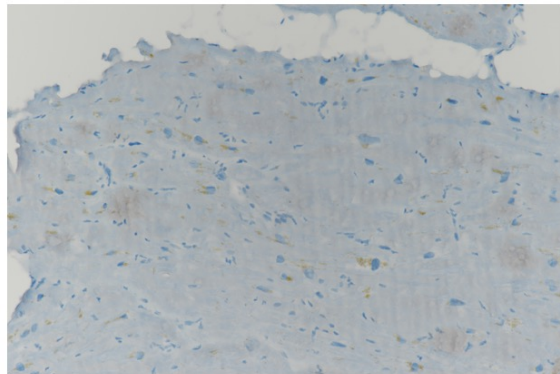
AL-CA



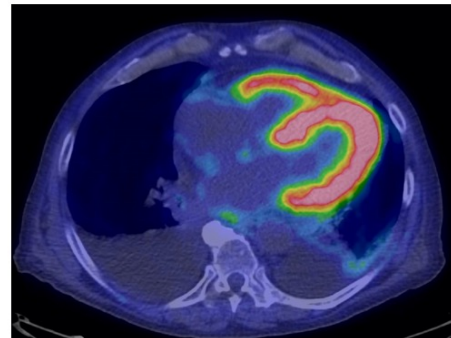
Lambda +



Negative DPD Scintigraphy

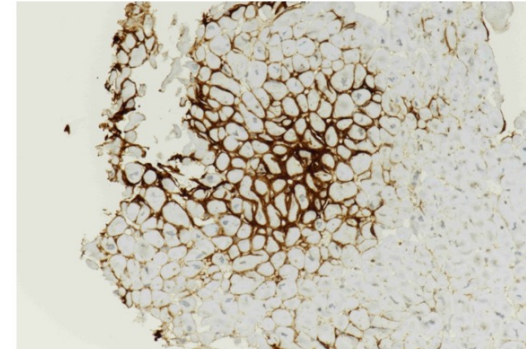


Transthyretin-



Positive ^{18}F -Florbetaben PET

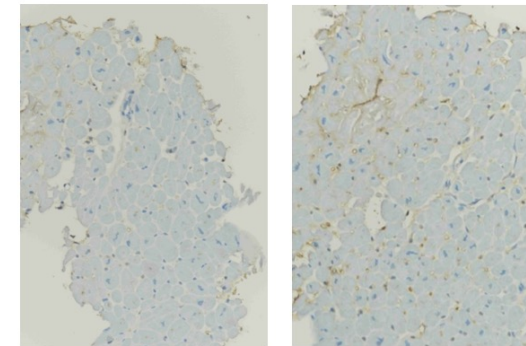
ATTR-CA



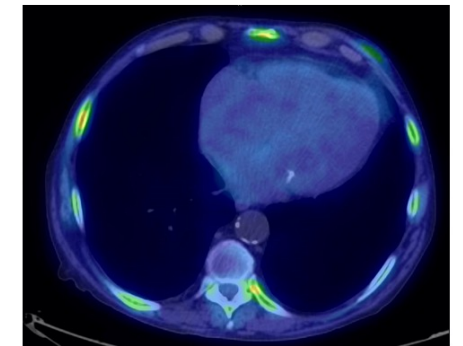
Transthyretin +



Positive DPD Scintigraphy



Lambda/kappa -

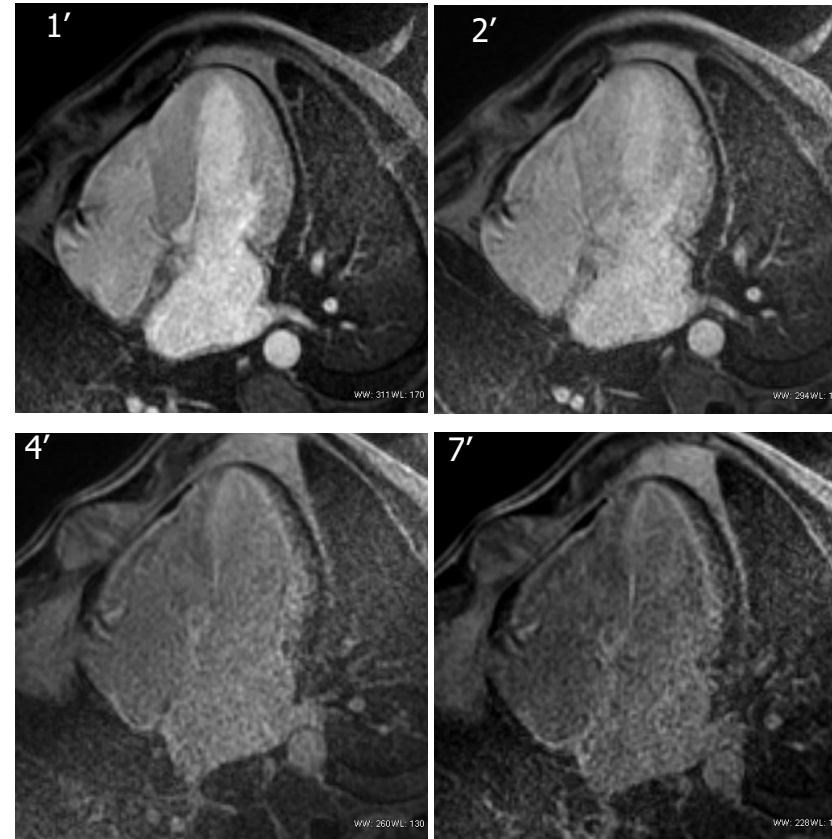
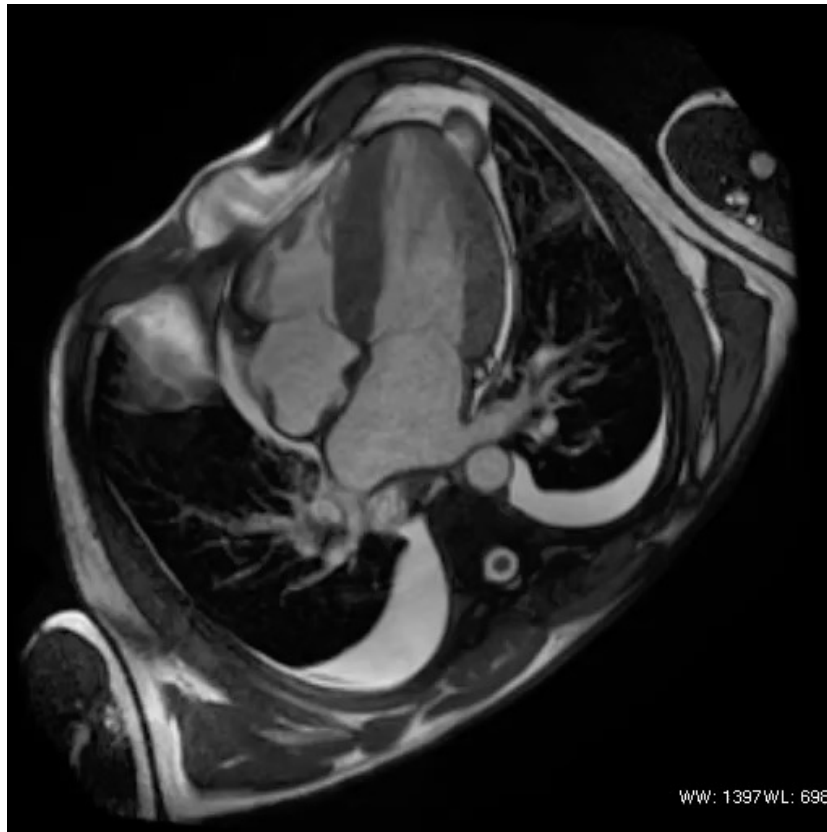


Negative ^{18}F -Florbetaben PET

Images provided presenter.

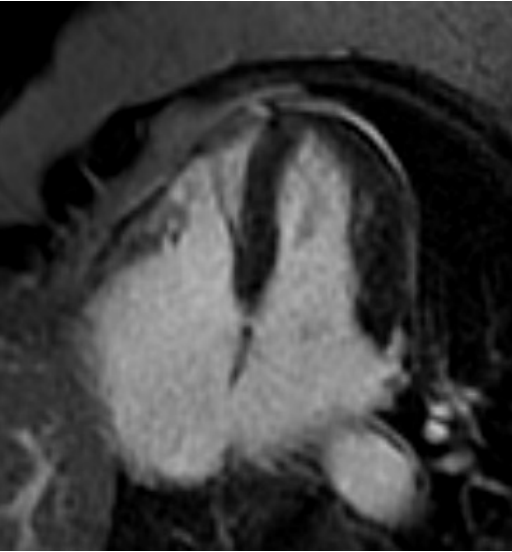
AL amyloidosis: CMR findings

- *Pseudo-hypertrophy*
- *Thickened LA wall*
- *Pericardial effusion*
- *Early darkening of LV cavity*
- *Diffuse subendocardial LGE*
- *Nulling defect*

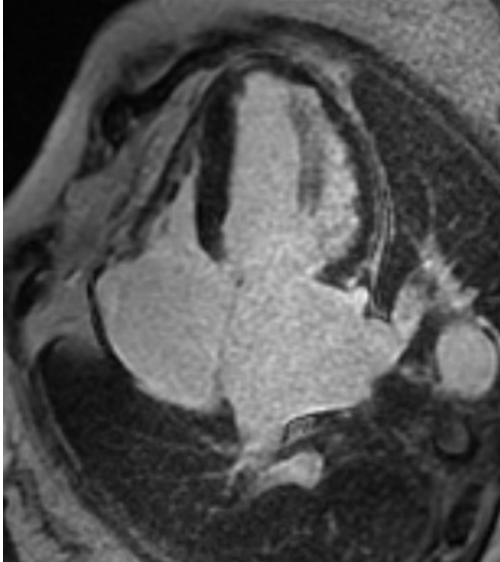


LGE IN AMYLOIDOSIS

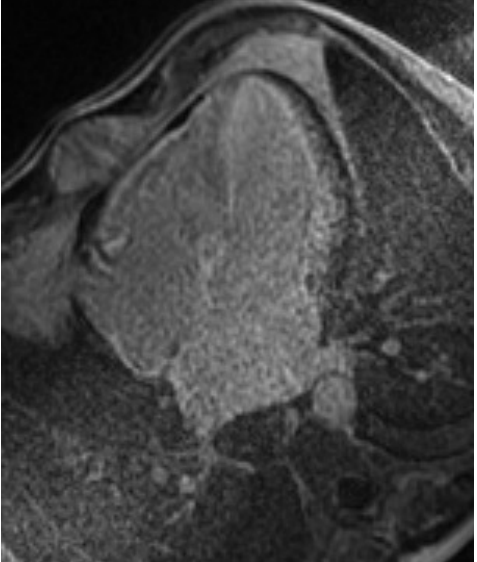
control



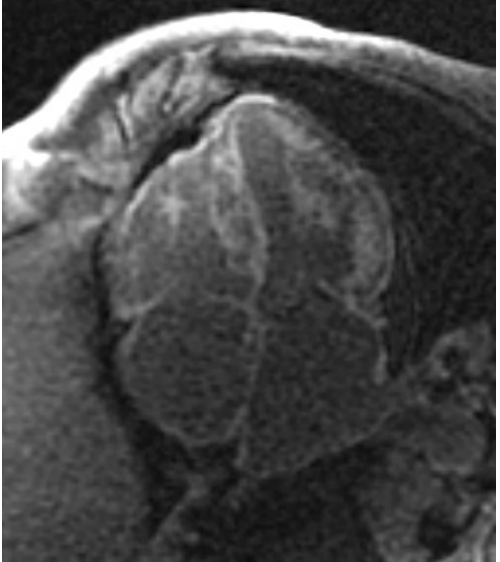
Early AL Amyloidosis



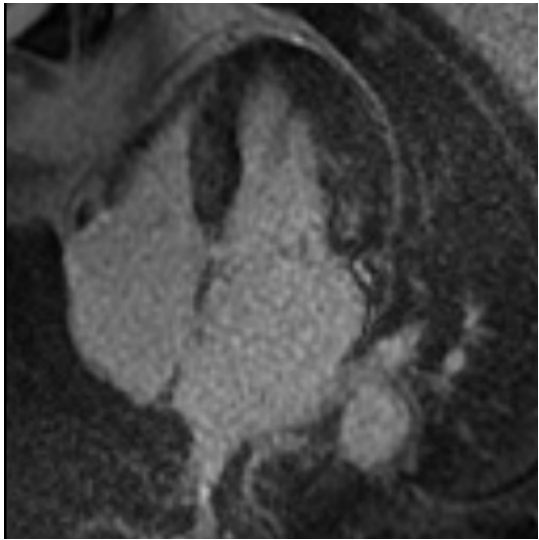
Intermediate AL Amyloidosis



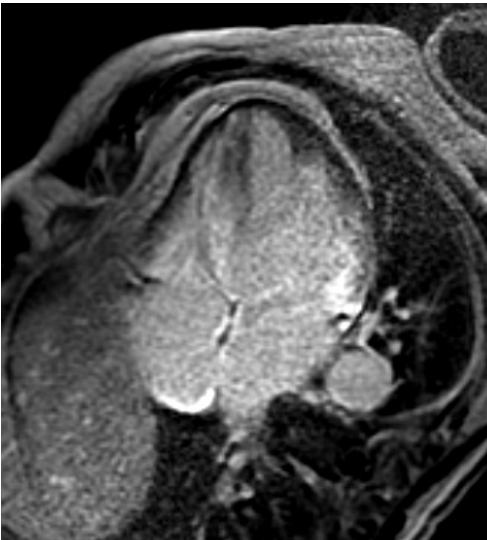
Late AL Amyloidosis



Early (senile) TTR amyloidosis



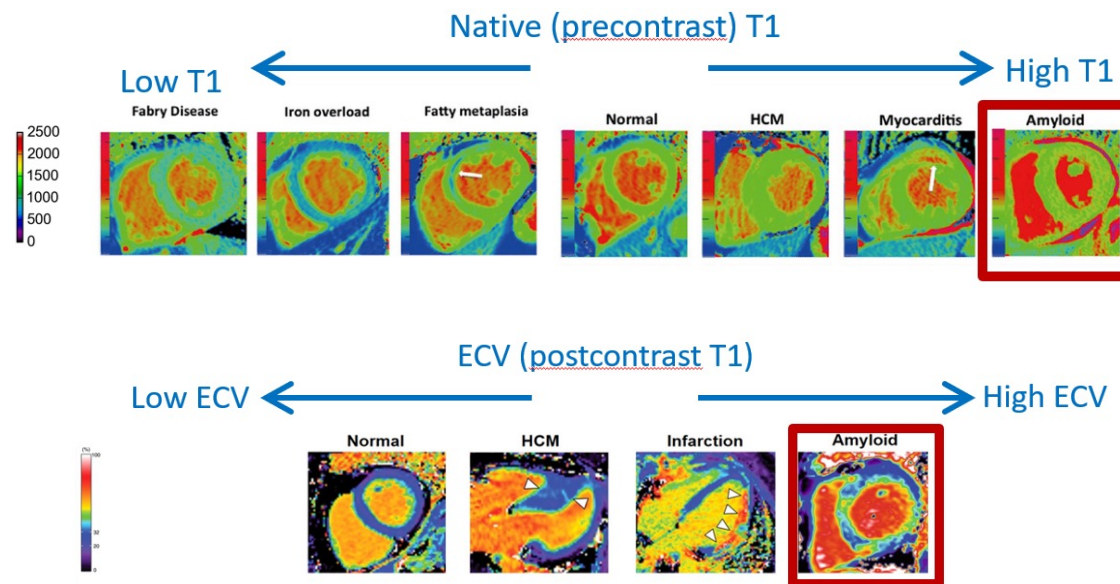
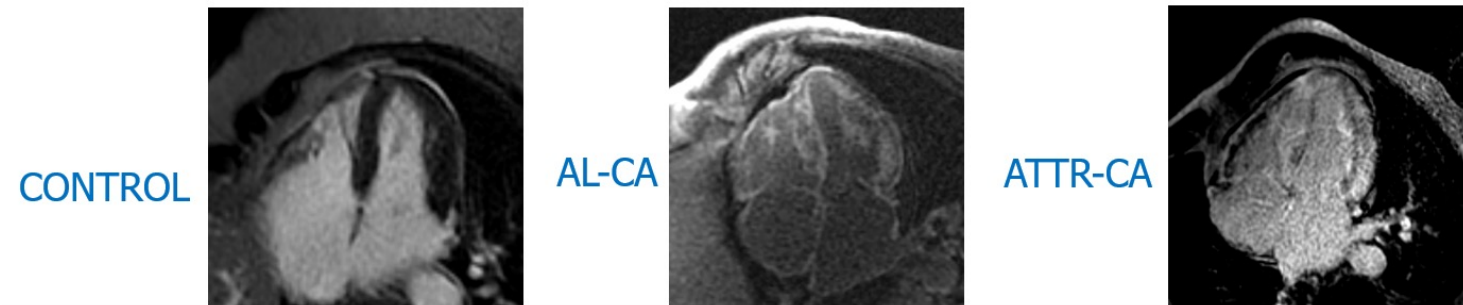
Intermediate (senile) TTR amyloidosis



Late (mutated) TTR amyloidosis



ATTR-CA: insight from CMR

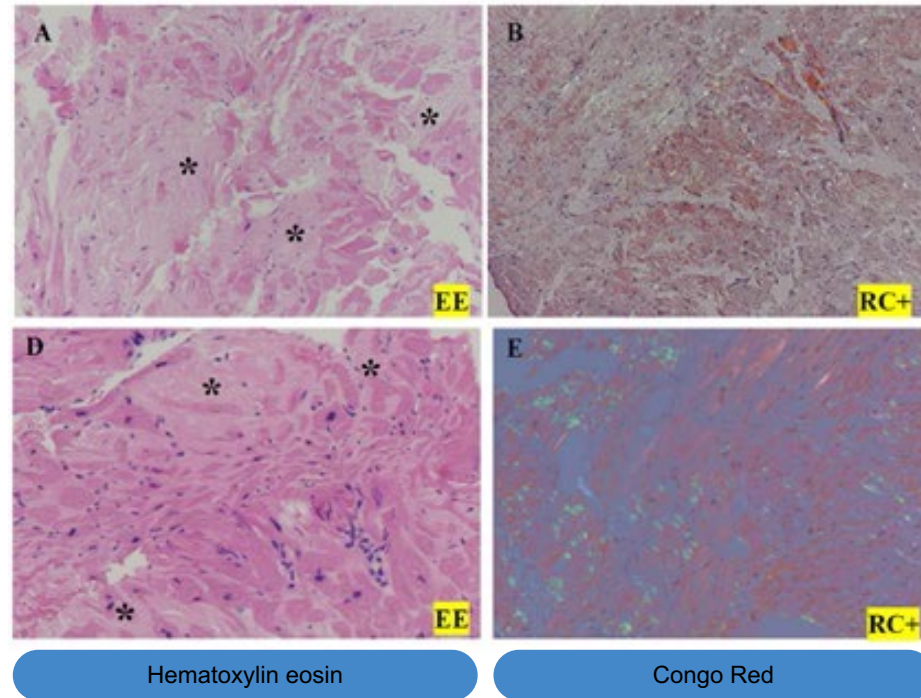


- Pseudo-hypertrophy
- Thickened LA wall
- Pleuro-pericardial effusion
- Early darkening of LV cavity (> in AL-CA)
- Nulling defect
- Subendocardial vs diffuse LGE for diagnosis and prognosis
- Precontrast T1 Mapping
- Precontrast T2 mapping (> in AL-CA)
- Postcontrast T1 Mapping
- ECV (extracellular volume) for diagnosis and prognosis

AL, amyloid light-chain; ATTR, transthyretin-mediated amyloidosis; CA, cardiac amyloidosis; ECV, extracellular volume; LA, left atrium; LGE, late gadolinium enhancement; LV, left ventricle.

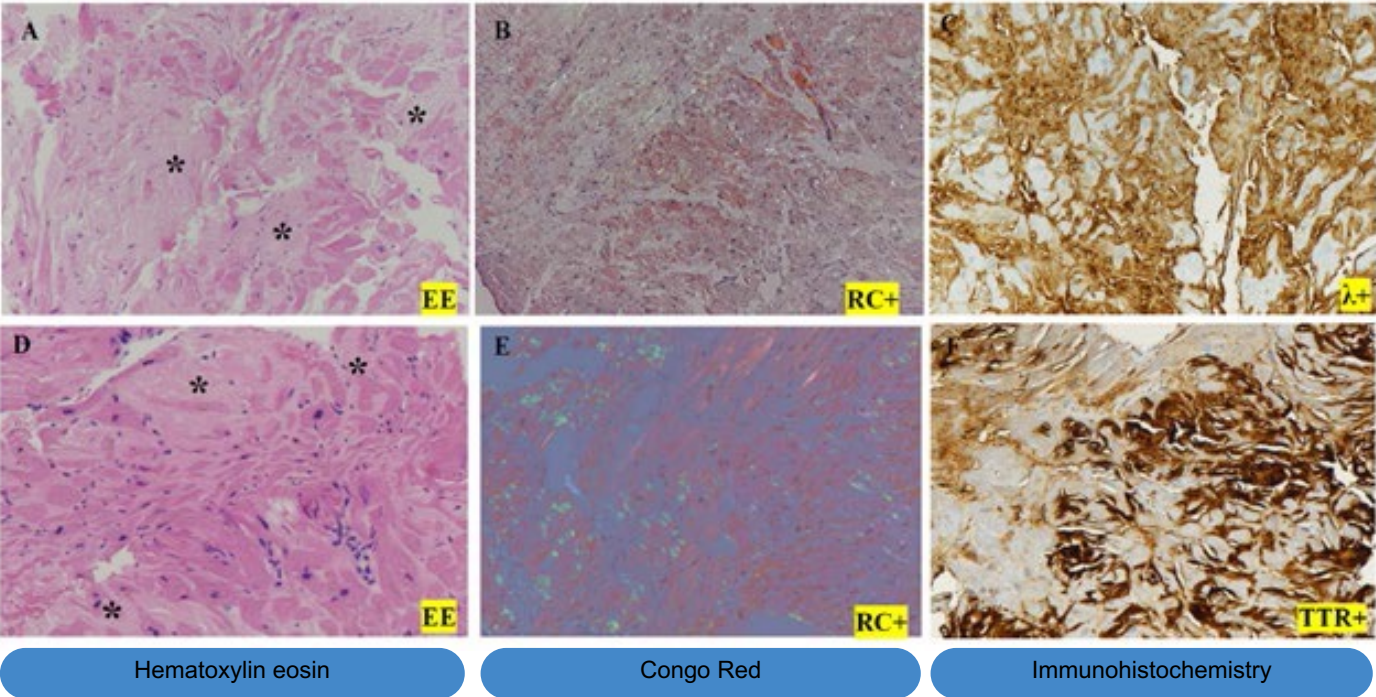
1. Razvi Y, et al. *Front Cardiovasc Med* 2021;8:751293; 2. Chatzantonis G, et al. *Clin Res Cardiol* 2021;110:555.

Amyloid detection



Courtesy of Dr. A. Pucci

Amyloid typing



Courtesy of Dr. A. Pucci

Beyond amyloidosis; fibrosis as a target in CA



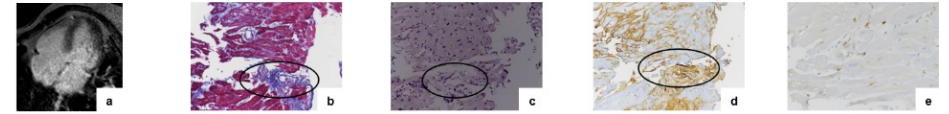
JAHA

Amyloid Deposits and Fibrosis on Left Ventricular Endomyocardial Biopsy Correlate with Extracellular Volume in Cardiac Amyloidosis

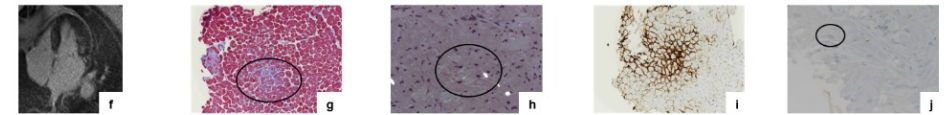
Running title: *Pucci et al.; Amyloid and fibrosis in left ventricular biopsies*

Angela Pucci, MD^{1*}, Alberto Aimò, MD^{1,2*}, Veronica Musetti, BSc^{2,3}, Andrea Barison, MD,
Giuseppe Vergaro, MD, PhD^{2,3}, Dario Genovesi, MD³, Assuero Giorgetti, MD³, Silvia Mas
PhD², Chiara Arzilli, MD¹, Concetta Prontera, BSc³, Luigi Emilio Pastormerlo, MD, PhD³, M
Alessandro Coceani, MD³, Marco Ciardetti, MD³, Nicola Martini, PhD³, Cataldo Palmieri, M
Claudio Passino, MD^{2,3}, Claudio Rapezzi, MD^{4,5}, Michele Emdin, MD, PhD^{2,3}

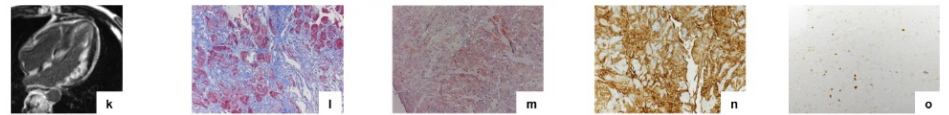
FOCAL AL Lambda+



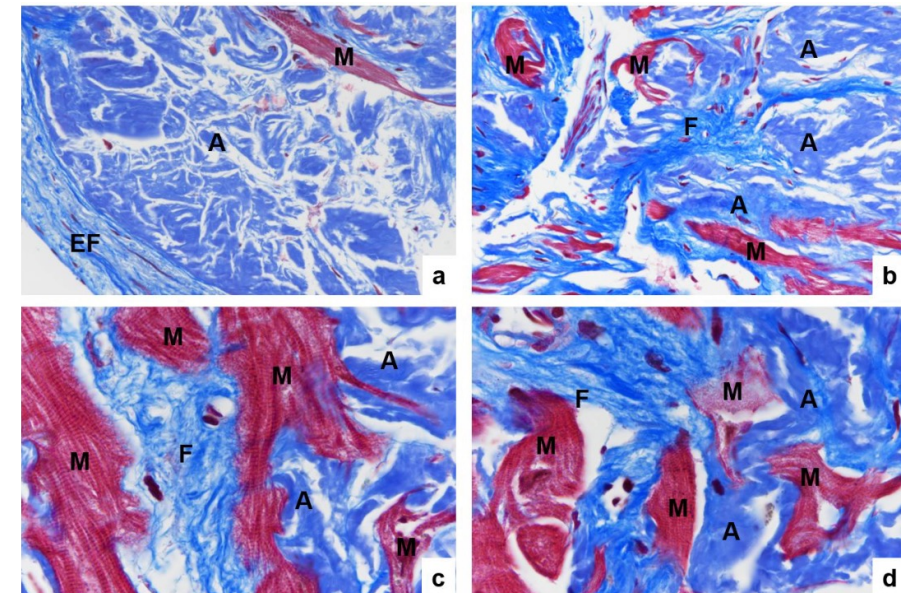
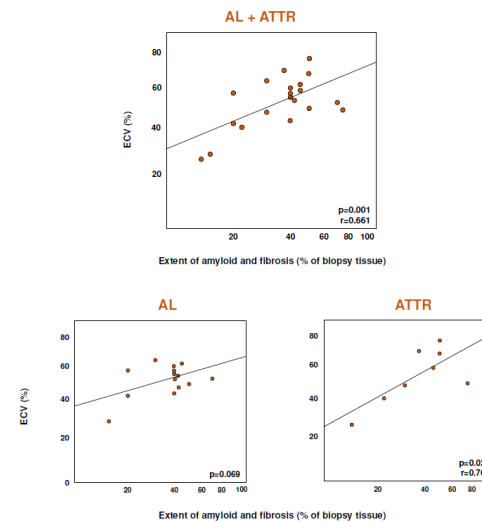
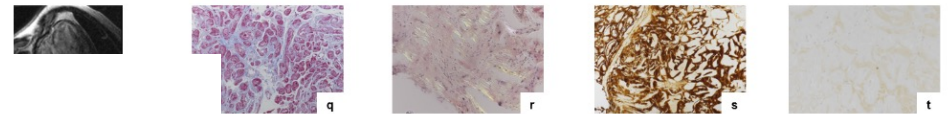
FOCAL ATTR



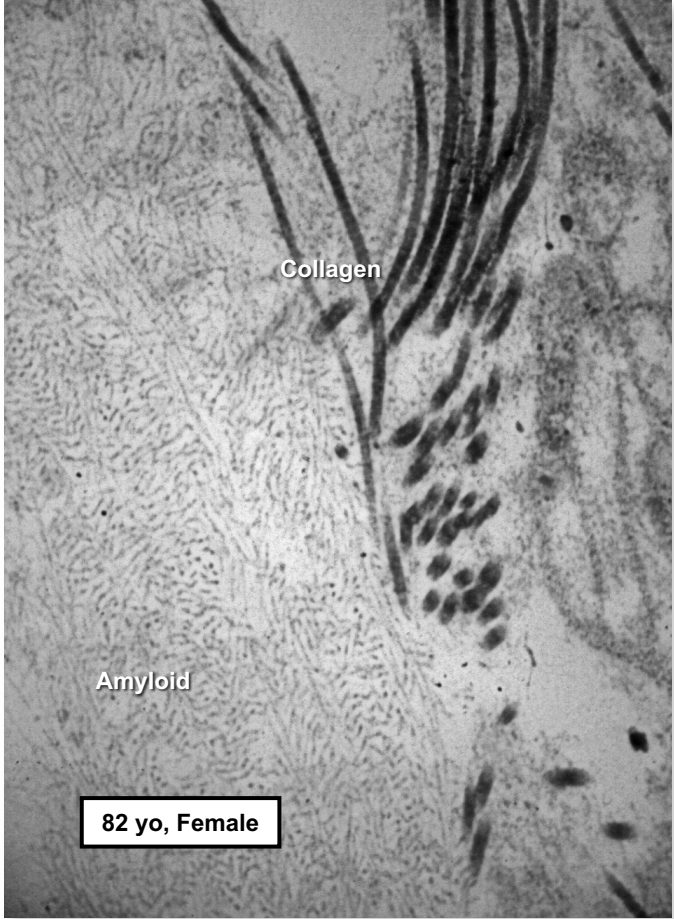
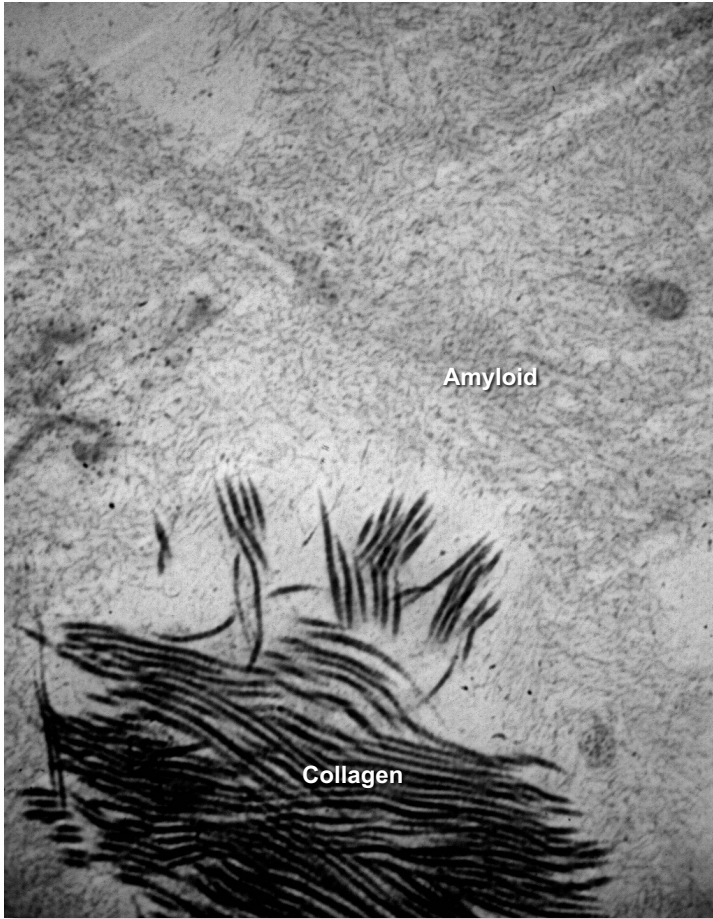
DIFFUSE AL Lambda+



DIFFUSE ATTR

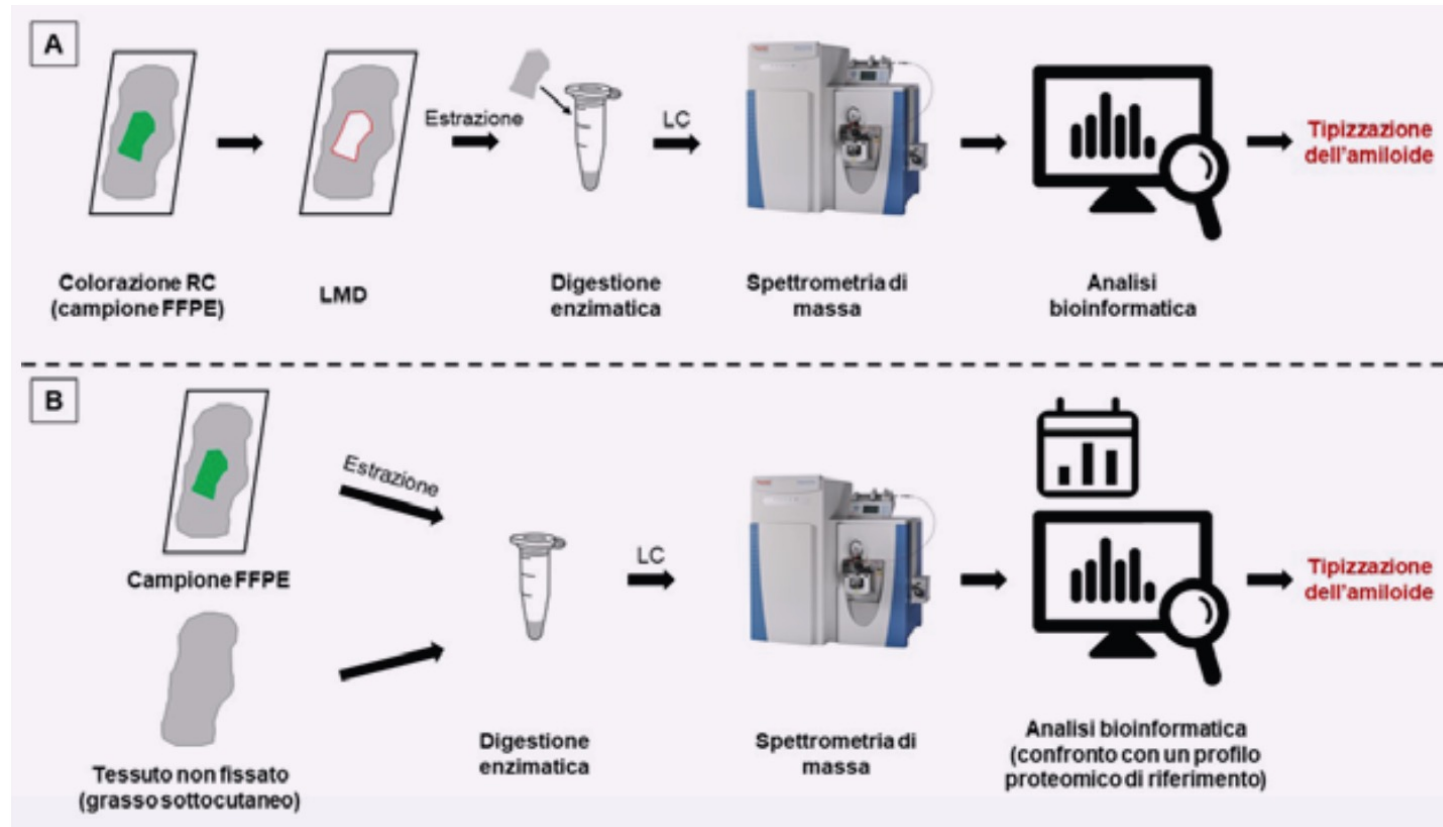


Electron Microscopy



Courtesy of Dr. A. Pucci

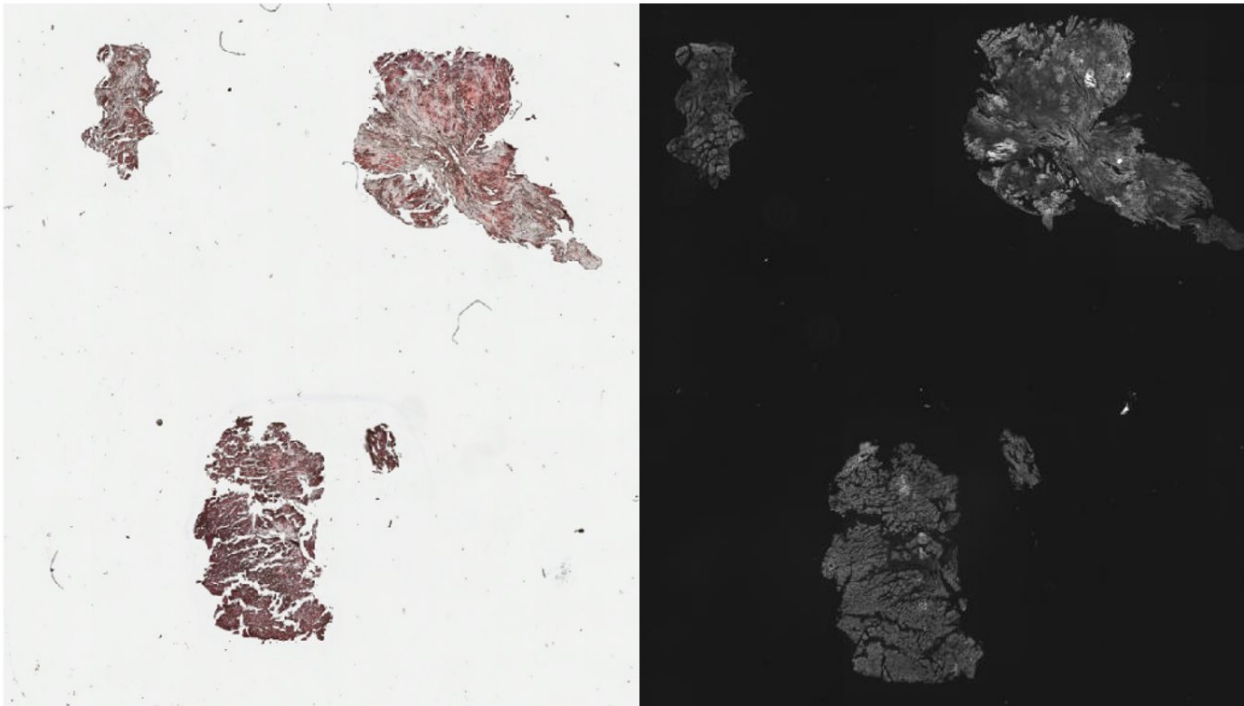
Mass Spectrometry



From Emdin M, Vergaro G, Passino C, Edt.
Amiloidosi Cardiaca. Come si diagnostica, come di cura.
2020

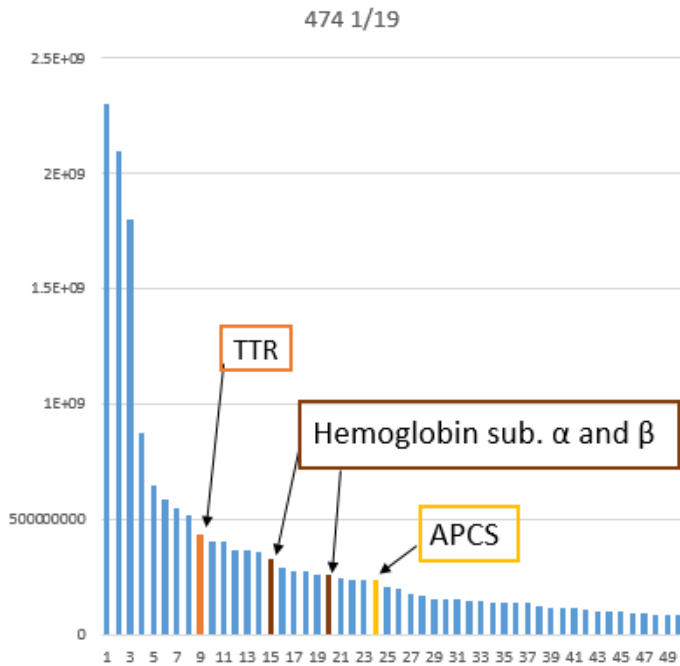
Case 2 – 474 1/19

Cardiac amyloidosis, heart tissue sample (FFPE) , Bright Field (Congo Red) and Fluorescence (exc. 479 nm, 43 DsRed filter).



Case 2 – 474 1/19

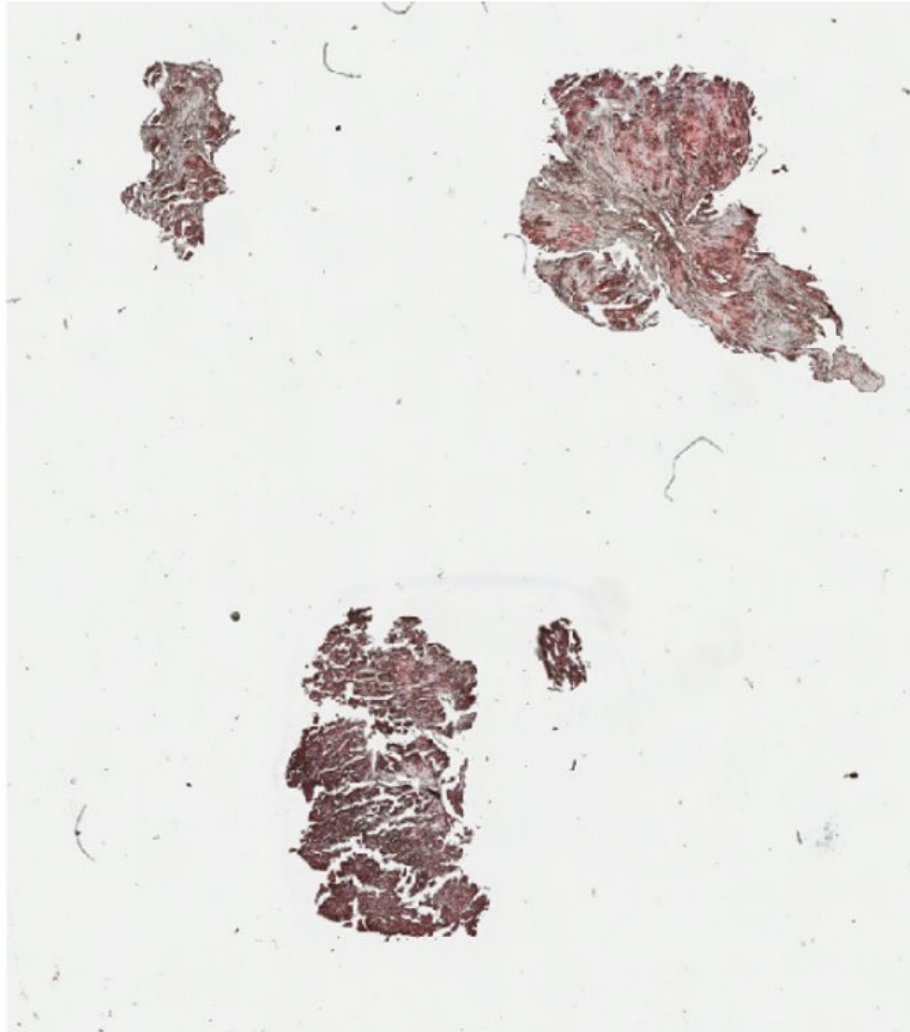
Rank	Accession	Description	Coverage	# Peptide	# PSMs	# Unique	# Protein	Area: FID: smPAI	Score	Seq. #	Peptides	Sequest	HF
1	P12883	Myosin-7 OS=Homo sapiens OX=9606 GN=MYH7 PE=1 SV=5	64	158	784	57	1	2.3E+09	1880,524	2838		158	
2	P08590	Myosin light chain 3 OS=Homo sapiens OX=9606 GN=MYL3 PE=1 SV=3	67	15	63	12	1	2.1E+09	141,51	192		15	
3	P17661	Desmin OS=Homo sapiens OX=9606 GN=DES PE=1 SV=3	79	42	171	38	1	1.8E+09	180,163	595		42	
4	P68032	Actin, alpha cardiac muscle 1 OS=Homo sapiens OX=9606 GN=ACTC1 PE=1 SV=1	71	22	93	2	1	8.8E+08	222,872	561		22	
5	P06576	ATP synthase subunit beta, mitochondrial OS=Homo sapiens OX=9606 GN=ATP5B	55	22	85	22	1	6.5E+08	31,145	285		22	
6	P04264	Keratin, type II cytokeletal 1 OS=Homo sapiens OX=9606 GN=KRT1 PE=1 SV=1	56	36	84	31	1	5.9E+08	53,362	286,90295		36	
7	P25705	ATP synthase subunit alpha, mitochondrial OS=Homo sapiens OX=9606 GN=ATP5A1	47,377988	21	79	21	1	5.5E+08	16,783	245		21	
8	P10936	Myosin regulatory light chain 2, ventricular/cardiac muscle isoform OS=Homo sapiens OX=9606 GN=MYRL2 PE=1 SV=1	87	17	82	17	1	5.2E+08	1980,072	275		17	
9	P02796	Transferrin OS=Homo sapiens OX=9606 GN=TFR PE=1 SV=1	65	9	29	9	1	4.4E+08	463,159	323		9	
10	P35609	Alpha-actinin-2 OS=Homo sapiens OX=9606 GN=ACTN2 PE=1 SV=1	65	49	139	38	1	4.1E+08	39,471	474		49	
11	P09493	Tropomyosin alpha-1 chain OS=Homo sapiens OX=9606 GN=TPM1 PE=1 SV=2	59	28	77	10	1	4.1E+08	884,964	246		28	
12	P68133	Actin, alpha skeletal muscle OS=Homo sapiens OX=9606 GN=ACTA1 PE=1 SV=1	71	22	96	2	1	3.7E+08	290,189	571		22	
13	P02679	Fibrinogen gamma chain OS=Homo sapiens OX=9606 GN=FG PE=1 SV=3	51	17	52	17	1	3.7E+08	1,915	175		17	
14	P02671	Fibrinogen alpha chain OS=Homo sapiens OX=9606 GN=FA PE=1 SV=2	33	26	75	26	1	3.6E+08	15,681	250		26	
15	P67905	Hemoglobin subunit alpha OS=Homo sapiens OX=9606 GN=HBA1 PE=1 SV=2	63	7	23	7	1	3.3E+08	43,17	67		7	
16	Q9W242	Titin OS=Homo sapiens OX=9606 GN=TTN PE=1 SV=4	25	657	907	657	1	2.9E+08	1,298	2893		657	
17	Q14896	Myosin-binding protein C, cardiac-type OS=Homo sapiens OX=9606 GN=MYB	46	43	97	43	1	2.8E+08	10,906	322		43	
18	P02144	Myoglobin OS=Homo sapiens OX=9606 GN=MB PE=1 SV=2	33	4	14	4	1	2.8E+08	12,335	54		4	
19	P17540	Creatine kinase S-type, mitochondrial OS=Homo sapiens OX=9606 GN=CKMT	43	15	43	15	1	2.6E+08	11,125	150		15	
20	P68071	Hemoglobin subunit beta OS=Homo sapiens OX=9606 GN=HB PE=1 SV=2	78	9	33	9	1	2.6E+08	12,288	309		9	
21	P19429	Tropomyosin, cardiac muscle OS=Homo sapiens OX=9606 GN=TN3 PE=1 SV=3	31	7	35	7	1	2.5E+08	73,989	94		7	
22	P45379	Tropomyosin, cardiac muscle OS=Homo sapiens OX=9606 GN=TN2 PE=1 SV=3	42	16	31	16	1	2.4E+08	99	83		16	
23	P02675	Fibrinogen beta chain OS=Homo sapiens OX=9606 GN=FB PE=1 SV=2	52	21	58	21	1	2.4E+08	13,678	207		21	
24	P02743	Serum amyloid P-component OS=Homo sapiens OX=9606 GN=APCS PE=1 SV=1	23	5	12	5	1	2.4E+08	4,012	34		5	
25	P12235	ADP/ATP translocase 1 OS=Homo sapiens OX=9606 GN=SLC25A4 PE=1 SV=4	40	12	19	4	1	2.1E+08	5,311	52		12	
26	P04049	Cytochrome c oxidase subunit 2 OS=Homo sapiens OX=9606 GN=MT-CO2 PE=1 SV=1	14	3	6	3	1	2E+08	1,783	14		3	
27	P06732	Creatine kinase M-type OS=Homo sapiens OX=9606 GN=CKM PE=1 SV=2	43	13	32	13	1	1.8E+08	7,962	121		13	
28	P04792	Heat shock protein beta-1 OS=Homo sapiens OX=9606 GN=HSPB1 PE=1 SV=2	46	8	17	8	1	1.7E+08	10,938	63		8	
29	P13533	Myosin-6 OS=Homo sapiens OX=9606 GN=MYH6 PE=1 SV=5	41	99	492	6	1	1.6E+08	96,789	1760		99	
30	Q9J998	Acetate hydratase, mitochondrial OS=Homo sapiens OX=9606 GN=ACO2 PE=1 SV=1	44	32	57	32	1	1.6E+08	18,475	201		32	
31	P63336	Tropomyosin, slow skeletal and cardiac muscles OS=Homo sapiens OX=9606 GN=TN1 PE=1 SV=3	47	8	19	8	1	1.6E+08	99	73		8	
32	P40206	Malate dehydrogenase, mitochondrial OS=Homo sapiens OX=9606 GN=MDH2	48	12	24	12	1	1.5E+08	7,031	83,073136		12	
33	P12829	Myosin light chain 4 OS=Homo sapiens OX=9606 GN=MYL4 PE=1 SV=3	61	11	16	10	1	1.5E+08	13,251	53		11	
34	Q75112	LIM domain-binding protein 3 OS=Homo sapiens OX=9606 GN=LOB3 PE=1 SV=1	34	16	44	16	1	1.4E+08	3,798	142		16	
35	P00505	Aspartate aminotransferase, mitochondrial OS=Homo sapiens OX=9606 GN=PF1	35	14	21	14	1	1.4E+08	4,878	58		14	
36	P05413	Fatty acid-binding protein, heart OS=Homo sapiens OX=9606 GN=FABP PE=1 SV=1	53	8	15	8	1	1.4E+08	9	44		8	
37	P04406	Glyceraldehyde-3-phosphate dehydrogenase OS=Homo sapiens OX=9606 GN=GDH	45	12	26	12	1	1.4E+08	15,681	91		12	
38	P02511	Alpha-crystallin B chain OS=Homo sapiens OX=9606 GN=CRYAB PE=1 SV=2	60	11	23	11	1	1.3E+08	27,48	74		11	
39	Q98123	Collagen alpha-2(I) chain OS=Homo sapiens OX=9606 GN=COL1A2 PE=1 SV=7	6,3493411	7	15	7	1	1.2E+08	3,334	51		7	
40	Q75390	Citrate synthase, mitochondrial OS=Homo sapiens OX=9606 GN=CS PE=1 SV=1	22	9	15	9	1	1.2E+08	2,511	39		9	
41	Q9J025	Phosphate carrier protein, mitochondrial OS=Homo sapiens OX=9606 GN=SLC25A3 PE=1 SV=1	23	9	11	9	1	1.2E+08	2,162	26,50423		9	
42	P12111	Collagen alpha-3(V) chain OS=Homo sapiens OX=9606 GN=COL3A3 PE=1 SV=1	22	99	97	99	1	1.1E+08	2,079	314		99	
43	P48047	ATP synthase subunit O, mitochondrial OS=Homo sapiens OX=9606 GN=ATP5O	62	10	18	10	1	1E+08	16,783	60		10	
44	Q9N7PC	Myozenin-2 OS=Homo sapiens OX=9606 GN=MYO22 PE=1 SV=1	57	12	20	12	1	1E+08	10,548	62		12	
45	Q96753	Tropomyosin alpha-3 chain OS=Homo sapiens OX=9606 GN=TN3 PE=1 SV=2	42	16	38	4	1	1E+08	41,17	126		16	
46	Q94875	Scrbin and SH3 domain-containing protein 2 OS=Homo sapiens OX=9606 GN=SCR2	15	16	23	16	1	9700000	1,254	68		16	
47	Q14335	Filamin-C OS=Homo sapiens OX=9606 GN=FLNC PE=1 SV=3	39	76	126	69	1	9300000	9,959	429		76	
48	Q13642	Four and a half LIM domains protein 1 OS=Homo sapiens OX=9606 GN=FHL1 PE=1 SV=1	7	2	4	2	1	9100000	3,468	12		2	
49	P12109	Collagen alpha-1(V) chain OS=Homo sapiens OX=9606 GN=COL1A1 PE=1 SV=1	19	14	27	14	1	8900000	1,384	84,74827		14	
50	P04008	Histone H2A type 1-B/E OS=Homo sapiens OX=9606 GN=H2A.B PE=1 SV=1	21	2	3	2	1	8800000	2,981	12		2	



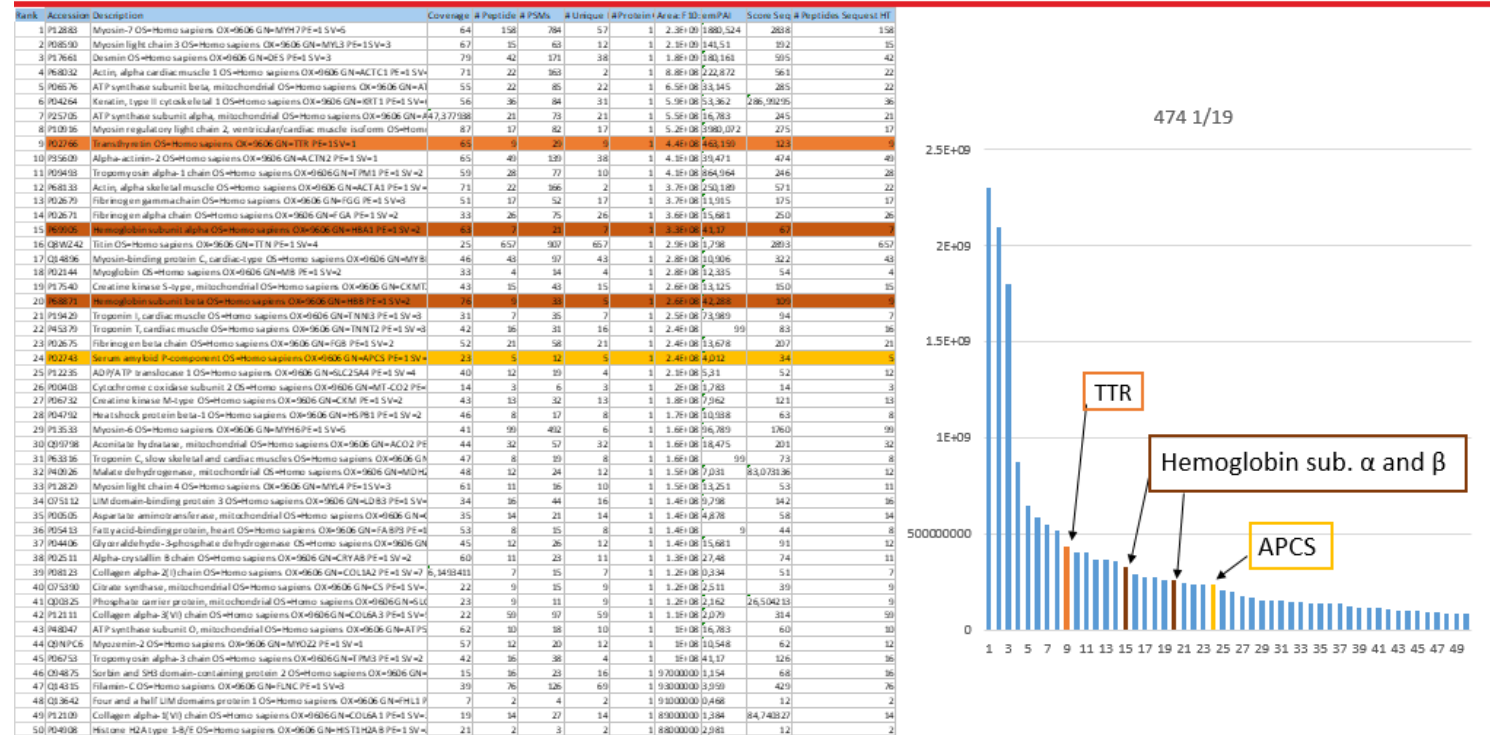
Case 2 – 474 1/19

Proteomics form EMBs

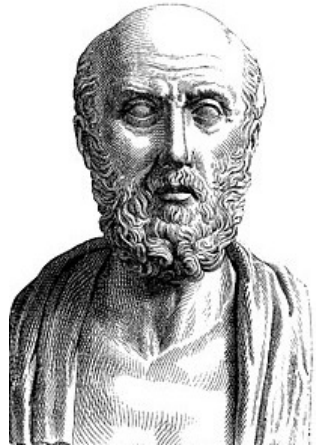
Cardiac amyloidosis, heart tissue sample (FFPE) , Bright Field (Congo Red) and Fluorescence (exc. 479 nm, 43 DsRed filter).



Case 2 – 474 1/19



Prognosis..

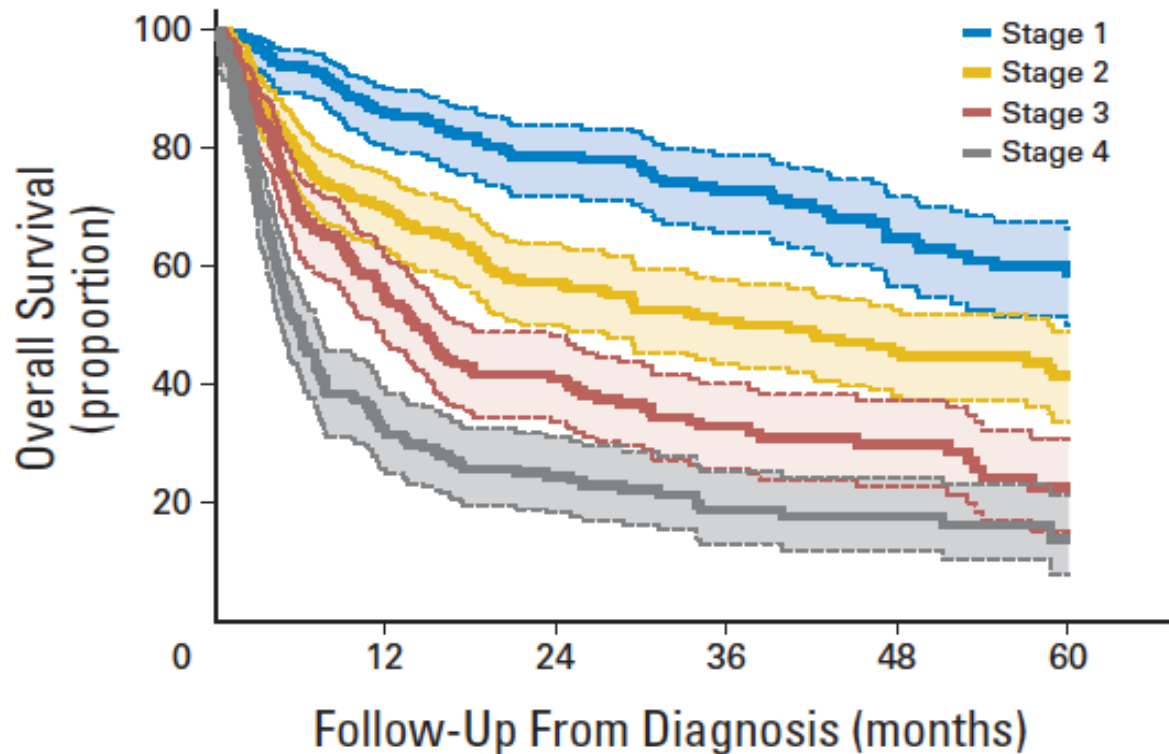


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460 -377 B.C

Biomarkers: NPs, Hs-Tn, FLC

JOURNAL OF CLINICAL ONCOLOGY

Revised Prognostic Staging System for Light Chain Amyloidosis Incorporating Cardiac Biomarkers and Serum Free Light Chain Measurements



Multivariable model (810 newly diagnosed patients with AL amyloidosis)

-FLC-diff (c.o. 18 mg/dl)

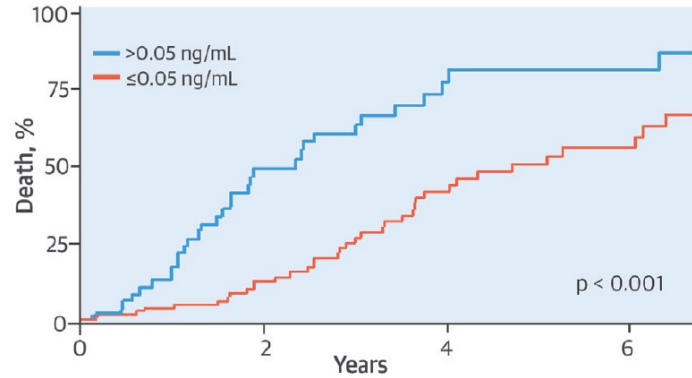
-cTnT (c.o. 25 ng/l)

-NT-proBNP (c.o. 1,800 ng/l)

Kumar S et al, 2012

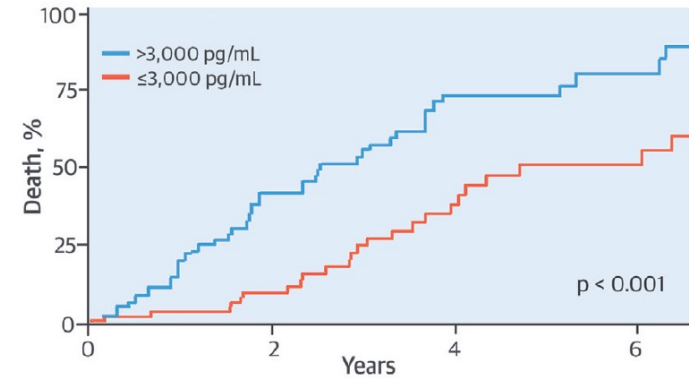
Cardiac biomarkers and outcome in ATTRwt

ATTRwt: Mortality-Troponin T



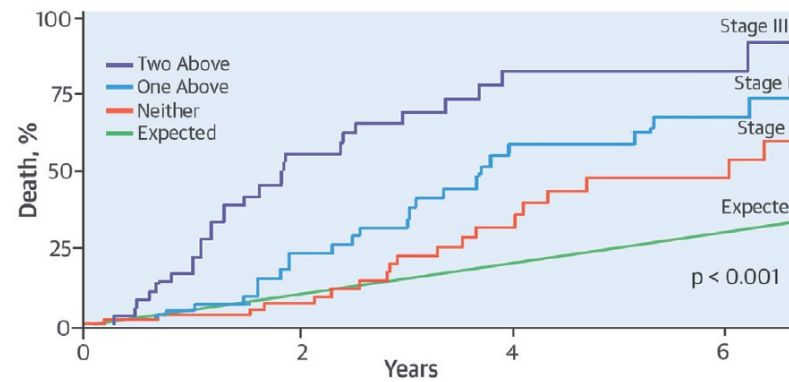
≤0.05	103	59	21	9
>0.05	51	19	5	2

ATTRwt: Mortality-NT-BNP



≤3,000	80	44	15	8
>3,000	74	34	11	3

ATTRwt: Staging System



Neither	68	38	13	7
One Above	47	27	10	3
Two Above	39	13	3	1

Prognostic s

ATTR amyloidosis

Kumar et al.¹⁵ (Mayo) AL **Lillenes et al.¹⁶ (BU) AL**

Staging parameters:
 FLC-diff ≥ 18 mg/dL
 Troponin T ≥ 0.025 ng/mL
 NT-proBNP ≥ 1800 pg/mL

Staging parameters:
 Troponin I > 0.1 ng/mL
 BNP > 81 pg/mL

Stage	5-year survival	Stage	Median survival
Stage I (0 parameters)	68%	Stage I (0 parameters)	Not reported
Stage II (1 parameter)	60%	Stage II (1 parameter)	11 months
Stage III (2 parameters)	28%	Stage III (2 parameters)	51 months
Stage IV (3 parameters)	14%	Stage IIIb (2 parameters and BNP > 700 pg/mL)	12 months

Grogan et al.¹⁷ (Mayo) ATTRwt

Staging parameters:
 Troponin T > 0.05 ng/mL
 NT-proBNP > 3000 pg/mL

Stage	4-year survival/ median survival
Stage I (0 parameters)	57% 66 months
Stage II (1 parameter)	42% 40 months
Stage III (2 parameters)	18% 20 months

de et al.¹⁸ (NAC) & ATTRwt

Staging parameters:
 GFR < 45 mL/min/1.73 m²
 NT-proBNP > 3000 pg/mL

Stage	Median survival
Stage I (0 parameters)	69.2 months
Stage II (1 parameter)	46.7 months
Stage III (2 parameters)	24.1 months

Cheng et al.¹⁹ ATTRv & ATTRwt

Scoring parameters:
 Mayo or NAC score (0 to 2 points)
 Daily dose of Furosemide or equivalent:
 0 mg/kg (0 points), $>0-0.5$ mg/kg (1 point), $>0.5-1$ mg/kg (2 points), and >1 mg/kg (3 points)
 NYHA class I-IV (1 to 4 points)

Score	Median survival
Score 1-3	90.5 months
Score 4-6	38.5 months (Mayo) 36 months (NAC)
Score 7-9	20.3 months (Mayo) 19.8 months (NAC)

Proposed follow-up scheme

AL-CA

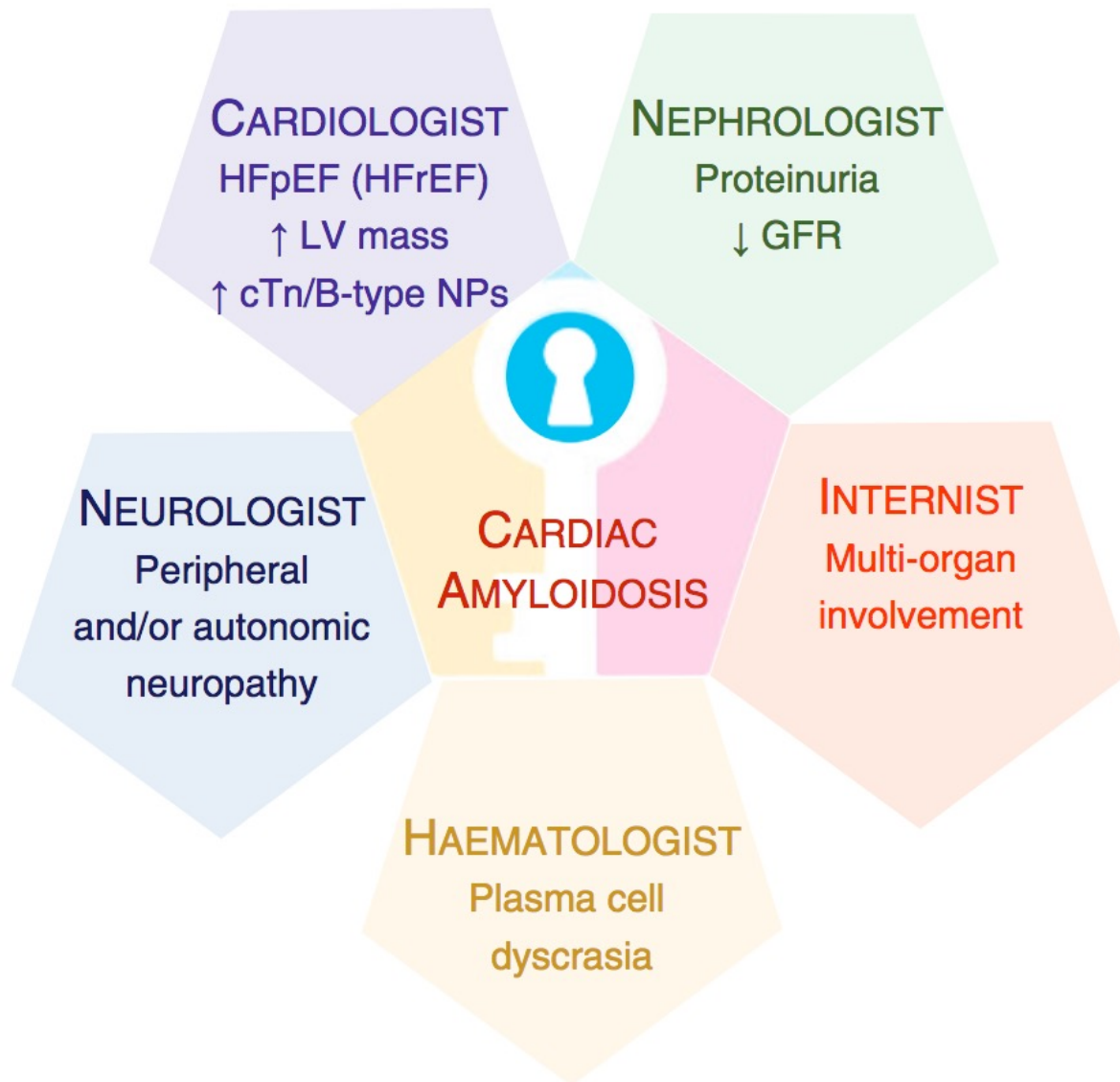
ATTR-CA

<ul style="list-style-type: none"> • Serum free light chain quantification • Clinical evaluation by Haematology 	<p>Every month (during initial haematological treatment)</p> <p>Every 3–4 months (after completing initial haematological treatment)</p>	-
<ul style="list-style-type: none"> • Complete blood count • Basic biochemistry 	<p>Every month (during initial haematological treatment)</p> <p>Every 3–4 months (after completing initial haematological treatment)</p>	Every 6 months
<ul style="list-style-type: none"> • NT-proBNP • Troponin 		
<ul style="list-style-type: none"> • Evaluation by Cardiology • ECG • Echocardiography/CMR 	Every 6 months	Every 6 months
<ul style="list-style-type: none"> • 24 h Holter ECG 	Every 12 months	Every 12 months
<ul style="list-style-type: none"> • 6MWD (optional) • KCCQ (optional) 	Every 6 months	Every 6 months
<ul style="list-style-type: none"> • Neurological evaluation (if ATTRv) • Ophthalmological evaluation (if ATTRv) 	-	<p>Every 6 months</p> <p>Every 12 months</p>

6MWD, 6-minute walk distance; AL, amyloid light-chain; ATTR, transthyretin-mediated amyloidosis; ATTRv, hereditary transthyretin-mediated amyloidosis (v for variant); CA, cardiac amyloidosis; CMR, cardiovascular magnetic resonance; ECG, echocardiogram; KCCQ, Kansas City Cardiomyopathy Questionnaire; NT-proBNP, N-terminal pro B-type natriuretic peptide.

1. Garcia-Pavia P, et al. *Eur J Heart Fail* 2021;23(4):512–526.

Never work alone..



for updates

Review

Keys to early diagnosis of cardiac amyloidosis: red flags from clinical, laboratory and imaging findings

Giuseppe Vergaro^{1,2}, Alberto Aimo¹, Andrea Barison^{1,2}, Dario Genovesi², Gabriele Buda³, Claudio Passino^{1,2} and Michele Emdin^{1,2}

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Dr. Dario Genovesi

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Prof. Gabriele Buda

Pathology & Mass Spec

Dr.ssa Angela Pucci
Dr. Francesco Greco

Magnetic Resonance

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